

2009 American Red Cross State of Ohio Lifeguard Competition

7th Place CRC Otto Armleder Dunham Ducks
13th Place CRC Otto Armleder Dunham Red
15th Place CRC Ryan
18th Place CRC Pleasant Ridge #1
20th Place CRC Otto Armleder Dunham Orange

American Red Cross State of Ohio Lifeguard Competition

2008 - 8th Place CRC Pleasant Ridge
2007 - 2nd Place CRC Oakley Pool
2006 - Qualified 10 teams for state
2005 - Qualified 6 teams for state
2004 - 10th Place CRC Krueck Pool
2003 - 4th Place CRC Madisonville Pool
2002 - 1st Place CRC Krueck Pool
2001 - 1st Place CRC Krueck Pool



Cincinnati Recreation Commission

Aquatic Division Program Brochure 2010

KIDS LOOK UP TO YOU

Be Fit, Swim Learn to be a Leader

Job Advancement

Work Outside

Increase Communication Skills

EARN MONEY

GAIN RESPECT

Make new friends-memories last a lifetime

Summer Job Security

Learn Lifesaving Skills



EARN MONEY Learn to be a Leader

Increase Communication Skills Work Outside

Be in Charge Summer Job Security Be Fit, Swim

GAIN RESPECT Connect with the Community

Team Building Learn to be a Leader

Learn Lifesaving Skills **Be in Charge** Role Model

Increase Communication Skills **Be Fit, Swim**

Discover the Benefits... www.cincyrec.org

Cincinnati Recreation Commission

AQUATIC DIVISION PROGRAM BROCHURE 2010

Cincinnati Recreation Commission Vision:

The Cincinnati Recreation Commission will excel in the delivery of recreational services to the people of Cincinnati.

Aquatic Division Mission:

The Cincinnati Recreation Commission Aquatic Division will provide fun, safe, quality aquatic-related programming and recreational activities for the residents and visitors of Cincinnati. CRC's 27 aquatic facilities throughout Cincinnati will provide customer friendly environments with affordable and diverse activities which meet the needs of the community's citizens.

History / Information:

CRC has taken numerous service reductions since 2001. We have closed 25 pools in the last 10 years. Our aquatics plan continues to upgrade our remaining facilities. To support our Aquatics Division facilities and programs, mail a tax-deductible donation to:

CRC Foundation-Aquatics
805 Central Ave., Suite 800
Cincinnati, OH 45202

Thank you!

- In 2010 we will open our new Evanston Pool at 3204 Woodburn Ave. 45207
- In 2009 we opened Otto Armleder Memorial Aquatic Sprayground at Sawyer Point, Oyler Sprayground and South Fairmount Sprayground.
- In 2008 we opened Otto Armleder Memorial Aquatic Center at Dunham and Otto Armleder Memorial Family Aquatic Center at Hirsch.
- The average age of CRC pools is 30 years.
- Each season we hire 250 staff that help us "Work the Water Better."
- CRC lifeguards as a group average 204 preventative rescues a season.
- Our annual city-wide swim meet hosts 500 swimmers.

(513) 357-POOL (7665)

www.cincyrec.org

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****All schedules are subject to change.****

Cincinnati Recreation Commission 2010 Pool Membership Rates

New for 2010, CRC city-wide pool/center memberships are only available for sale at all CRC recreation centers. Enjoy programs at all CRC pools and centers for the entire calendar year with your city-wide pool/center membership. Regardless of the point of purchase, all memberships are valid for admittance to all CRC pools and centers for one year. Pool memberships (annual or daily user) are required for all patrons entering the facility, including infants and adults who are supervising children. Membership cards are required even if you are visiting for one day.

Cool off and beat the heat at CRC's four (4) FREE aquatic facilities. Dyer Sprayground, Otto Armleder Memorial Aquatic Fountain at Sawyer Point (formerly Concourse Fountain), our new Oyler Sprayground and South Fairmount Sprayground are available at no charge and will not require city wide memberships.

CRC pool memberships have several options:

City-Wide Pool/Center Memberships (only available for sale at CRC Recreation Centers)

Includes ALL Centers and Pools *(except Otto Armleder Dunham)

Juniors (Youth /Teen -17 & younger)	City-Wide Pools/Centers	\$10.00
Adults (ages 18-49)	City-Wide Pools/Centers	\$25.00
	City-Wide Pools Only	\$10.00
	City-Wide Centers Only	\$20.00
Seniors (ages 50 & older)	City-Wide Pools/Centers	\$10.00
Replacement CRC city-wide membership cards (Available only at recreation centers)		\$5.00
Daily User Fee at all pools (except Otto Armleder Dunham) All Ages		\$1.00

Otto Armleder Memorial Regional Aquatic Center at Dunham (11 week operation)

Membership tokens purchased at Otto Armleder Dunham are valid at all CRC pools.

Individual Membership All Ages	\$50.00
Family Membership (3 to 6 immediate family members in the same household)	\$120.00
Each additional family member (more than 6 members)	\$10.00
Daily User Fee: Youth/Teen (17 & younger)	\$2.00
Daily User Fee: Adult & Senior	\$5.00

Recreation programs and facilities are open to all citizens regardless of race, gender, color, religion, nationality, sexual orientation or disability. CRC is an Equal Opportunity Employer and is committed to supporting the Americans with Disabilities Act.

Please call (513) 357-POOL (7665) if you require any special accommodations.

Cincinnati Recreation Commission Aquatic Division Group Policy

Enjoy outdoor fun at the pool with your group of children or adults at the Cincinnati Recreation Commission's 27 facilities. In addition to our CRC day camp groups, numerous child care providers and church groups use our pools to beat the summer heat. Groups have two options:

1) Schedule times at a pool during open swim hours. Up to 1/2 of our pool capacity may be reserved for groups. Pools do sometimes reach capacity. There are no guarantees. Admittance is on a first-come, first-serve basis. Some pools are busier than others, so if you are driving to a site, contact us for suggestions.

2) Guarantee a private swim time for your group by renting the pool. (see Facility Rentals section) We suggest this option for large groups. Pool rentals are also ideal for birthday parties, community picnics or family reunions.

Try out our Otto Armleder Memorial Aquatic Center at Dunham. It's open 11 weeks, 12:30pm-8pm Mon.-Sat. and 12:30pm-6:30pm Sun. Buy an Otto Armleder membership valid at all CRC pools or opt for daily user fees for your group.

Our CRC city-wide pool/center memberships make it convenient to try out different pools and centers. City-wide pool/center memberships are valid at all CRC pools, except for Otto Armleder Dunham, for the entire year. Adults supervising children must have pool memberships.

Registration:

To avoid lines at pool gates, groups may pick up pool membership registration cards in advance, preseason, from the aquatic office, 357-POOL(7665), a CRC recreation center, or from the pool during the season. Each participant, including leaders, must have a completed, signed card in order to purchase a pool membership. Cards for youth, ages 17 and younger, require a parent or guardian signature. Pool/Center memberships may not be used by more than one person.

Payment:

Checks made payable to the Cincinnati Recreation Commission or cash may be taken along with your group's registration cards to the center where you choose to purchase your memberships. The recreation center staff will issue your city-wide pool/center membership. Membership sales are not available at our aquatics office.

Pool Visits:

If your group will be visiting a pool other than the one where your pool memberships are on file, simply bring a copy of your group roster to the other pool rather than completing new blue cards. Rosters need to include the following: membership number, original purchase site, child's name, address, phone number, emergency contact name and phone number, medical conditions, date of birth. The pool gate staff can contact your primary pool for verification of blue cards.

Each person must show their pool membership for admittance each time they visit any CRC pool. Your membership can be kept on file at a pool if you wish.

Realize each pool has a capacity. To try to avoid being turned away, call the pool and speak with the manager at least one day in advance to prearrange time for your group. Groups are scheduled on a first come, first serve basis. The exceptions to this are the four spraygrounds, which are free. Groups attend spraygrounds daily, on a first come, first serve basis and times are not reserved.

Pool Rules:

All group participants are to follow the Cincinnati Recreation Commission's Pool Rules and Policies while enjoying CRC pools. Please review CRC pool rules with your group before visiting the pool. **CRC lifeguards are not babysitters; group leaders are expected to actively supervise their participants while visiting the pool.** Thank you for your cooperation. See the pool rules section.

Facility Rentals: (See page 11 for details and rental rates)

Is your group looking for a fun facility for your summer family reunion or birthday party? Perhaps you're celebrating a special event like graduation or just want to have a different kind of party in the winter. Rent a CRC pool for your next event.

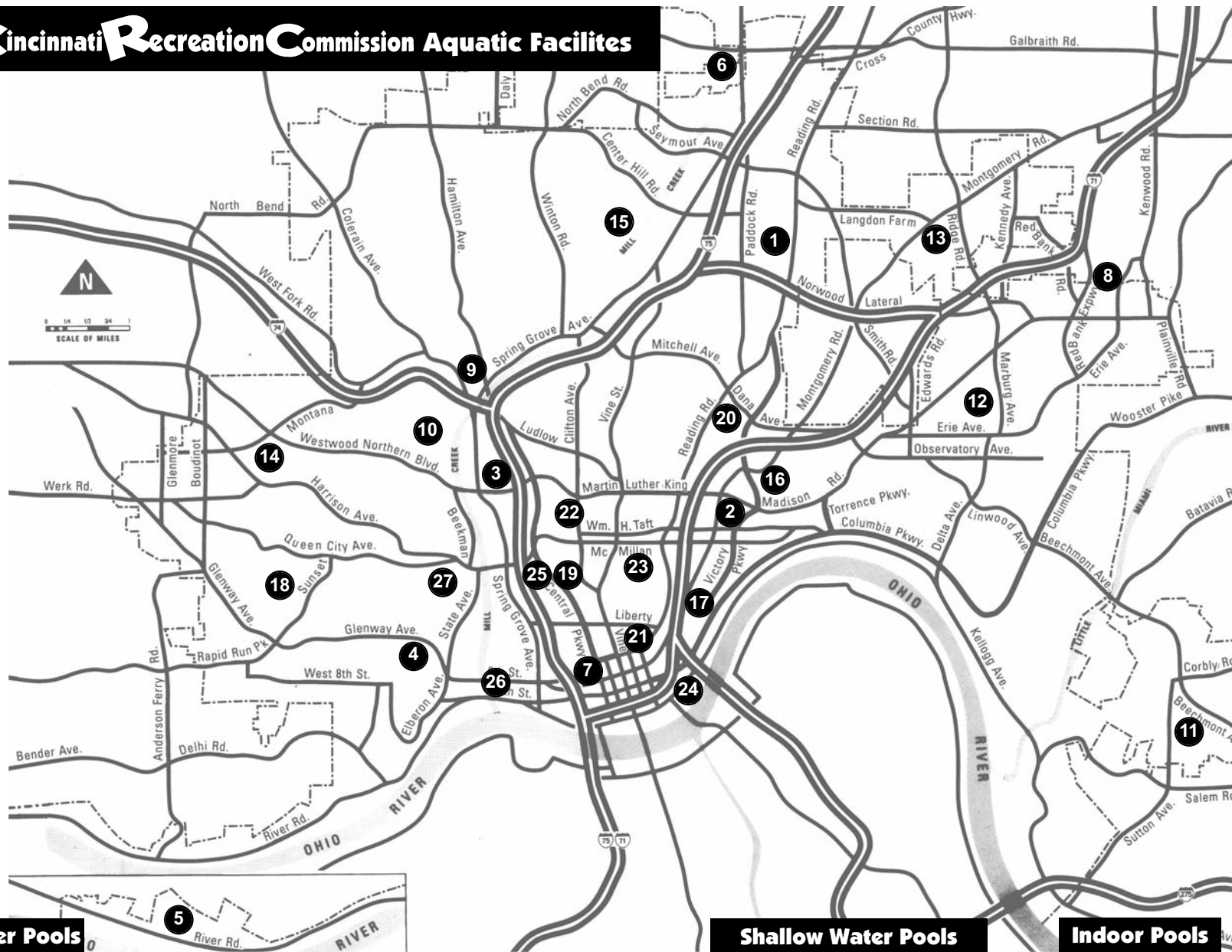
Swim Lessons: (Also see page 18)

You can't beat this deal. CRC is offering sessions of swim lessons for \$10.00 or for \$30.00 (\$30.00 reduced to \$10.00 with proof of CRC membership) per child/per session. Each session consists of 10 -12 scheduled one-half hour group classes. Help your children learn a lifetime safety and fitness skill. Sessions run June 14 through July 24. Schedules may vary at some pools. Register at the pool of your choice.

Free Lunch: (Also see page 20)

The Cincinnati Public Schools will be operating a free lunch program at many CRC pools and community centers. Those 18 and under can take advantage of this program by checking in 15 minutes before lunch is served. At some pools, children may be cleared from the water during lunch programs. Groups may choose to continue swimming if not eating free lunch.

2010 Cincinnati Recreation Commission Aquatic Facilities



Deep Water Pools

- | | | |
|-------------------|----------------|-------------------|
| 1 Bond Hill | 6 Hartwell | 11 Mt. Washington |
| 2 Bush | 7 Lincoln | 12 Oakley |
| 3 Camp Washington | 8 Madisonville | 13 Pleasant Ridge |
| 4 Dempsey | 9 McKie | 14 Ryan |
| 5 Dickman | 10 Millvale | 15 Winton Hills |

Shallow Water Pools

- | | |
|----------------------------|------------|
| 16 Evanston | 21 Ziegler |
| 17 Mt. Adams | |
| 18 Otto Armleder at Dunham | |
| 19 Otto Armleder at Hanna | |
| 20 Otto Armleder at Hirsch | |

Indoor Pools

- | |
|-------------------------------|
| 22 Krueck (CLOSED FOR SUMMER) |
| 23 Mt. Auburn |

Spraygrounds

- | |
|---|
| 24 Otto Armleder at Sawyer Pt. Fountain |
| 25 Dyer Sprayground |
| 26 Oyler Sprayground |
| 27 South Fairmount Sprayground |

26 Recreation Centers included in CRC City-Wide Membership

CENTER NAME	ADDRESS	ZIP	PHONE (513)	NEIGHBORHOOD
1 Bond Hill	1501 Elizabeth Pl.	45237	242-9565	Bond Hill
2 Bush	2640 Kemper Ln.	45206	281-1286	Walnut Hills
3 Camp Washington	1201 Stock Ave.	45225	681-6046	Camp Washington
4 Carthage	19 E. 72nd St.	45216	821-2954	Carthage
5 Clifton	320 McAlpin Ave.	45220	961-5681	Clifton
6 College Hill	5545 Belmont Ave.	45224	591-3555	College Hill
7 Corryville	2823 Eden Ave.	45219	221-0888	Corryville
8 Dunham Recreation Complex	4356 Dunham Ln.	45238	251-5862	Westwood
9 Evanston	3204 Woodburn Ave.	45207	861-9417	Evanston
10 Hartwell	8275 Vine St.	45216	821-5194	Hartwell
11 Hirsch	3630 Reading Rd.	45229	751-3393	Avondale
12 LeBlond	2335 Eastern Ave.	45202	281-3209	East End
13 Lincoln	1027 Linn St.	45203	721-6514	West End
14 Madisonville	5320 Stewart Ave.	45227	271-4190	Madisonville
15 McKie	1655 Chase Ave.	45223	681-8247	Northside
16 Millvale	3303 Beekman St.	45225	352-4351	Millvale
17 Mt. Auburn	270 Southern Ave.	45219	381-1760	Mt.Auburn
18 Mt. Washington	1715 Beacon St.	45230	232-4762	Mt.Washington
19 North Avondale	617 Clinton Springs Ave.	45229	961-1584	North Avondale
20 Oakley	3882 Paxton Ave.	45209	321-9320	Oakley
21 Over the Rhine	1715 Republic St.	45210	381-1893	Over the Rhine
22 Pleasant Ridge	5915 Ridge Rd.	45213	731-7894	Pleasant Ridge
23 Price Hill	959 Hawthorne Ave.	45205	251-4123	Price Hill
24 Saylor Park	6720 Home City Ave.	45223	941-0102	Saylor Park
25 Westwood Town Hall	3017 Harrison Ave.	45211	662-9109	Westwood
26 Winton Hills	5170 Winneste Ave.	45232	641-0422	Winton Hills

Cincinnati Recreation Commission

2010 CRC Aquatic Facilities List with near Centers

AQUATIC FACILITY	NEAREST CRC RECREATION CENTERS
1 Bond Hill	Bond Hill, Hartwell
2 Bush	Bush, Corryville, Hirsch
3 Camp Washington	McKie, Millvale, Clifton
4 Dempsey	Price Hill, Lincoln, Millvale
5 Dickman	Saylor Park, Westwood Town Hall
6 Dyer Sprayground	Lincoln, Over The Rhine
7 Evanston	Evanston (under construction), Bush, Corryville
8 Hartwell	Hartwell, Carthage
9 Krueck (closed for summer 2010)	Corryville, Clifton, Camp Washington, Mt. Auburn
10 Lincoln	Lincoln, Over The Rhine
11 Madisonville	Madisonville, Pleasant Ridge, Oakley
12 McKie	McKie, College Hill, Clifton
13 Millvale	Millvale, Camp Washington
14 Mt. Adams	Mt. Auburn, LeBlond
15 Mt. Auburn	Mt. Auburn, Bush, Corryville
16 Mt. Washington	Mt. Washington, Madisonville, Oakley, LeBlond
17 Oakley	Oakley, Pleasant Ridge, Madisonville
18 Otto Armleder Dunham	Dunham, Price Hill
19 Otto Armleder Hanna	Over The Rhine, Mt. Auburn, Lincoln
20 Otto Armleder Hirsch	Hirsch, Bush, Corryville
21 Otto Armleder Fountain at Sawyer Point	LeBlond, Lincoln, Over The Rhine
22 Oylar Sprayground	Price Hill, Lincoln
23 Pleasant Ridge	Pleasant Ridge, Oakley, Madisonville
24 Ryan	Westwood Town Hall, McKie
25 South Fairmount Sprayground	Dunham, Price Hill, Millvale
26 Winton Hills	Winton Hills, College Hill
27 Ziegler	Over The Rhine, Lincoln, Mt. Auburn

Cincinnati Recreation Commission

Pool Listings/Opening & Closing Dates

POOL NAME	TYPE	ADDRESS	ZIP	PHONE	NEIGHBORHOOD	OPENING DATE	CLOSING DATE
Bond Hill	deep	1620 Yarmouth Avenue	45237	242-6897	Bond Hill	6/07/10	7/31/10
Bush	deep	2640 Kemper Lane	45206	751-5085	Walnut Hills	6/07/10	7/31/10
Camp Washington	deep	1201 Stock Street	45225	681-1241	Camp Washington	6/07/10	7/31/10
Dempsey	deep	956 Purcell Avenue	45205	921-6338	Price Hill	6/07/10	7/31/10
Dickman	deep	6720 Home City Avenue	45233	941-6270	Saylor Park	6/07/10	7/31/10
Dyer Sprayground	sprayground	2110 Freeman Ave.	45214	NA	West End	5/27/10	9/06/10
Evanston	shallow	3204 Woodburn Avenue	45207	221-5150	Evanston	6/07/10	7/31/10
Hartwell	deep	8275 Vine Street	45216	821-2153	Hartwell	6/07/10	7/31/10
Krueck Indoor Pool	deep	270 W. McMillan Avenue	45219	861-2333	Clifton Heights	CLOSED School Construction 2010	7/31/10
Lincoln	deep (50 meter)	1027 Linn St.	45203	621-6783	West End	6/07/10	7/31/10
Madisonville	deep	5312 Stewart Avenue	45227	271-3301	Madisonville	6/07/10	7/31/10
McKie	deep	1655 Chase Avenue	45223	681-7669	Northside	6/07/10	7/31/10
Milvale	deep	3303 Beekman Street	45225	541-1707	Milvale	6/07/10	7/31/10
Mt. Adams	shallow	966 Mt. Adams Circle	45202	421-5073	Mt. Adams	6/07/10	7/31/10
Mt. Auburn	indoor	270 Southern Avenue	45219	381-6780	Mt. Auburn	6/07/10	7/31/10
Mt. Washington	deep	1715 Beacon Street	45230	232-5621	Mt. Washington	6/07/10	7/31/10
Oakley	deep	3900 Paxton Road	45209	631-4264	Oakley	6/07/10	7/31/10
Otto Armleder Dunham	shallow	4356 Dunham Lane	45238	251-0150	Price Hill	5/29/10	8/14/10
Otto Armleder Hanna	shallow	226 Stark Street	45210	721-7521	Over The Rhine	6/07/10	7/31/10
Otto Armleder Hirsch	shallow	3630 Reading Rd.	45229	751-0601	Avondale	6/07/10	7/31/10
Otto Armleder Sawyer Pl. spray fountain	shallow	601 East Mehring Way	45204	NA	Downtown	5/29/10	9/05/10
Oyler Sprayground	sprayground	2125 Staebler Street	45202	NA	Lower Price Hill	5/27/10	9/06/10
Pleasant Ridge	deep	5915 Ridge Avenue	45213	531-1707	Pleasant Ridge	6/07/10	7/31/10
Ryan	deep	3324 Meyer Place	45211	661-3128	Westwood	6/07/10	7/31/10
South Fairmount	sprayground	1685 Queen City Avenue	45214	NA	South Fairmount	5/27/10	9/06/10
Winton Hills	deep	5170 Winneste Avenue	45232	641-3688	Winton Hills	6/07/10	7/31/10
Ziegler	shallow	1311 Sycamore Avenue	45210	621-3650	Over The Rhine	6/07/10	7/31/10

Pool Program Chart

POOL	Phone	Type	Adapted Aquatic Program(s)	Water Exercise	Discover Scuba	Fitness Lap Swim	Free Lunch pool /ctr	Guard Start	Kayak Skills Class	Kroger Family Fun Pool Days	Open Swim	Swim Lessons Offered	Swim Team Offered
Bond Hill	242-6897	deep		X		X evenings	X	X		X	X	X	X
Bush	751-5085	deep				X evenings	X	X		X	X	X	X
Camp Washington	681-1241	deep			X		X	X		X	X	X	X
Dempsey	921-6338	deep			X		X	X		X	X	X	X
Dickman	941-6270	deep			X		X	X		X	X	X	X
Dyer Sprayground	NA	sprayground					X						
Evanston	221-5150	shallow		X			X	X		X	X	X	X
Hartwell	821-2153	deep				X evenings	X	X		X	X	X	X
Krueck	821-2333	deep	CLOSED School Construction 2010					X		X	X	X	X
Lincoln	621-6783	deep				X 50 meter all time	X	X		X	X	X	X
Madisonville	271-3301	deep	X	X			X	X		X	X	X	X
McKie	681-7669	deep			X	X evenings	X	X	X	X	X	X	X
Milvale	541-1707	deep		X			X	X		X	X	X	X
Mt. Adams	421-5073	shallow					X				X	X	
Mt. Auburn	381-6780	indoor warm	Arthritis Exercise				X				X	X	X
Mt. Washington	232-5621	deep		X		X all time	X	X		X	X	X	X
Oakley	631-4264	deep	X	X	X	X all time	X	X		X	X	X	X
Otto Armleder Dunham	251-0150	shallow		X	X	X all time	X	X		X	X	X	X
Otto Armleder Hanna	721-7521	shallow					X	X		X	X	X	X
Otto Armleder Hirsch	751-0601	shallow					X	X		X	X	X	X
Otto Armleder Sawyer Pl. NA	NA	spray fountain											
Oyler Sprayground	NA	sprayground					X						
Pleasant Ridge	531-1707	deep		X		X evenings	X	X		X	X	X	X
Ryan	661-3128	deep				X all time	X	X		X	X	X	X
South Fairmount	NA	sprayground											
Winton Hills	641-3688	deep					X	X		X	X	X	X
Ziegler	621-3650	shallow					X	X		X	X	X	X
Totals:			2	9	7	11	24	20	1	20	21	22	19

Learn To Swim Program

CRC's **Learn To Swim Program** is American Red Cross instruction designed to help swimmers of all ages begin, develop and refine their swimming skills. Red Cross Water Safety Instructors teach a variety of swim strokes, personal safety skills and diving techniques. At more advanced levels, students refine skills and discover how to incorporate swimming into a lifetime fitness program. The American Red Cross **Learn To Swim Program** is the most comprehensive and effective program of its kind available anywhere! CRC's Red Cross **Learn To Swim Program** is progressive; you must satisfactorily demonstrate the skills of the previous level on the first day of class to gain admittance into the next level. On day one, swimmers will be placed into levels based upon skill testing.

Private Lessons: 4 1/2 hour classes package = \$80.00

Group Lessons: 10-12 1/2 hour classes = \$10.00

CRC City-wide pool/center membership or Otto Armleder Dunham Pool membership required.

Learn To Swim Program Session Dates:

Session Dates Monday, June 14 to Friday, July 23

Otto Armleder at Dunham Registration - 4356 Dunham Lane 45238

Wednesday, June 2 6:00pm-8:00pm

3 sessions offered: Monday, June 14 to Thursday, July 1

Monday, July 5 to Thursday, July 22

Monday, July 26 to Thursday, August 12

Pleasant Ridge Pool Registration at Pleasant Ridge Center - 5915 Ridge Road 45213

Tuesday, June 8 6:00pm-8:00pm

For Registration at all other pools, visit or call the pool.

*Course fees will not be refunded for inclement weather or class cancellations.

Adults of all skill levels are welcome. Contact the pool.

Parents and Child Aquatics - ages 6 months-3 years old.

Builds swimming readiness while emphasizing fun. A great chance for children and parents to enjoy the water together! Caregivers are required to be in the water with their children.

Preschool Level 1,2,3 - ages 4 and 5.

Promotes the developmentally appropriate learning of fundamental water safety and aquatic skills by young children.

Level 1- Introduction to Water Skills ages 6 and older

Orientation to water, basic safety rules, blowing bubbles and bobbing in chest deep water.

Level 2 -Fundamental Aquatic Skills

Expands on basic skills, gliding, rhythmic breathing, flutter kick, retrieving objects from pool bottom in chest deep water.

Level 3 -Stroke Development

Increases swimming skills, safety and non-swimming rescue skills, safe diving rules, life jackets and opening airways.

Level 4 -Stroke Improvement

Develops confidence and competency in strokes and safety skills, familiarity with CPR, perform rotary breathing, deep water bobbing and experimenting with buoyancy and floating positions.

Level 5 -Stroke Refinement

Provides further coordination and refinement of strokes, butterfly, front crawl, back crawl, breaststroke, elementary backstroke and sidestroke.

Level 6 -Swimming and Skill Proficiency

Develops maximum efficiency, power and endurance of strokes.

Menu options: Personal Water Safety, Lifeguard Readiness, Fundamentals of Diving, Fitness Swimming.

Learn to Swim Program Schedule

POOL	Phone	Type	Lesson	Session	Days	1/2 Hour Class Times	Preschool Levels	Age 6+ Levels	Adult
Bond Hill	242-6897	deep	\$10.00	6/14-7/23	T&Th	12:00pm-12:30pm or 12:30pm-1:00pm	1,2,3	1,2,3,4,5	
Bush	751-5085	deep	\$10.00	6/14-7/23	M&F	12:00pm-12:30pm or 12:30pm-1:00pm	1,2,3	1,2,3,4,5	
Camp Washington	681-1241	deep	\$10.00	6/14-7/23	T&Th	12:00pm-12:30pm	1,2,3	1,2,3,4,5	
Dempsey	921-6338	deep	\$10.00	6/14-7/23	M&Th	12:00pm-12:30pm or 12:30pm-1:00pm	1,2,3	1,2,3,4,5	
Dickman	941-6270	deep	\$10.00	6/14-7/23	M&W or	5:30pm-6:00pm or 6:00pm-6:30pm	1,2,3	1,2,3,4,5	
					T&Th	5:30pm-6:00pm or 6:00pm-6:30pm	1,2,3	1,2,3,4,5	
Evanson	221-5150	shallow	\$10.00	6/14-7/23	T&Th	12:00pm-12:30pm or 12:30pm-1:00pm	1,2,3	1,2,3	
Hartwell	821-2153	deep	\$10.00	6/14-7/23	M&Th	12:00pm-12:30pm or 12:30pm-1:00pm	1,2,3	1,2,3,4,5	
Lincoln	621-6783	deep	\$10.00	6/14-7/23	M&W	12:00pm-12:30pm or 12:30pm-1:00pm	1,2,3	1,2,3,4,5	
Madisonville	271-3301	deep	\$10.00	6/14-7/23	T&Th	5:00pm-5:30pm	1,2,3	1,2,3,4,5	
McKie	681-7669	deep	\$10.00	6/14-7/23	M&W	5:30pm-6:00pm or 6:00pm-6:30pm	1,2,3	1,2,3,4,5	
Millvale	541-1707	deep	\$10.00	6/14-7/23	M&W	12:00pm-12:30pm or 12:30pm-1:00pm	1,2,3	1,2,3,4,5	
Mt. Adams	421-5073	shallow	\$10.00	6/14-7/23	T&Th	12:30pm-1:00pm	1,2,3	1,2,3,4,5	(lessons June 28-July 22)
					M&W	6:00pm-6:30pm	1,2,3	1,2,3	
					T&Th	5:00pm-5:30pm or 5:30pm-6:00pm	1,2,3	1,2,3	
					Sat	1:00pm-1:45pm	Parent & Child	1,2,3,4,5	
Mt Auburn	381-6780	deep	\$10.00	6/14-7/23	T&Th	8:00am-11:00am	1,2	1,2	Adult Only
					T&Th	11:00am-12:00pm	1,2	1,2	
Mt. Washington	232-5621	deep	\$10.00	6/14-7/23	M&W or	12:30pm-1:00pm or 5:30pm-6:00pm	1,2,3	1,2,3,4,5	
					T&Th	12:30pm-1:00pm or 5:30pm-6:00pm	1,2,3	1,2,3,4,5	
Oakley	631-4264	deep	\$10.00	6/14-7/23	T&Th	12:00pm-12:30pm or 12:30pm-1:00pm	1,2,3	1,2,3,4,5	
Otto Armleder Dunham	251-0150	shallow	\$10.00	6/14-7/23	T&Th	10:30am-11:00am, 11:00am-11:30am, 11:30am-12:00pm	1,2,3	1,2,3,4	
				Sess.1	M-Th	5:30pm-6:00pm or 6:00pm-6:30pm	1,2,3,4	1,2,3,4	
				Sess.2	M-Th	5:30pm-6:00pm or 6:00pm-6:30pm	1,2,3,4	1,2,3,4	
				Sess.3	M-Th	5:30pm-6:00pm or 6:00pm-6:30pm	1,2,3,4	1,2,3,4	
				6/11-8/13	F	5:30pm-6:30pm	Parent & Child	1,2,3,4	
				6/12-8/14	Sat	11:00am-12:00pm	Parent & Child	1,2,3,4	
Otto Armleder Hanna	721-7521	shallow	\$10.00	6/14-7/23	T&Th	12:30pm-1:00pm	1,2,3	1,2,3	
Otto Armleder Hirsch	751-0601	shallow	\$10.00	6/14-7/23	T&W	11:30am-12:00pm	1,2,3	1,2,3	
Pleasant Ridge	531-1707	deep	\$10.00	6/14-7/23	M&Th or	10:00am-10:30am, 10:30am-11:00am, 11:00am-11:30am	1,2,3	1,2,3,4,5	
					T&F	10:00am-10:30am, 10:30am-11:00am, 11:00am-11:30am	1,2,3	1,2,3,4,5	
Ryan	661-3128	deep	\$10.00	6/14-7/23	T&W	11:30am-12:00pm, 12:00pm-12:30pm	1,2,3	1,2,3,4,5	
Winton Hills	641-3688	deep	\$10.00	6/14-7/23	M&W	12:00pm-12:30pm	1,2,3	1,2,3,4,5	
					T&Th	5:00pm-5:30pm	1,2,3	1,2,3,4,5	
Ziegler	621-3650	deep	\$10.00	6/14-7/23	M&W or	12:30pm-1:00pm or 5:00pm-5:30pm	1,2,3	1,2,3,4,5	
					T&Th	12:30pm-1:00pm or 5:00pm-5:30pm	1,2,3	1,2,3,4	

Lunch Program

In case you forgot your lunch, need a lunch, or are just plain hungry in the middle of a hot summer day, the Cincinnati Public School Free Lunch Program is here to help. CRC provides free lunch sites across the city for youth ages 18 and under. There's no fee, no registration, simply arrive at any site 15 minutes before the scheduled time so a lunch can be ordered. CRC pools support this program and will announce for children to enjoy lunch. Open swim, adult swim, and / or day camp group swims for those who are not eating free lunch will be held during this time at pools.

Additional breakfast and lunch locations are available. Schedule is subject to change. For information call Cincinnati Public Schools Food Service at 363-0800. The CRC pool / center free lunch sites are:

Pool	Address	Phone	Pool Type	Neighborhood	Free Lunch Times
Bond Hill Pool	1620 Yarmouth Ave.	242-6897	deep	Bond Hill	1:30pm
Bush Center/Pool	2640 Kemper Ln.	751-5085	deep	Walnut Hills	12:45pm
Camp Washington Pool	1201 Stock St.	681-1241	deep	Camp Washington	12:45pm
Dempsey Pool	956 Purcell Ave.	921-6338	deep	Price Hill	2:00pm
Dickman Center	6720 Home City Ave.	941-6270	deep	Sayler Park	1:00pm
Dyer Sprayground	2110 Freeman Ave.	241-1192	sprayground	West End	1:15pm
Evanston Pool	3204 Woodburn Ave.	221-5150	shallow	Evanston	1:00pm
Hartwell Pool	8275 Vine St.	821-2153	deep	Hartwell	12:00pm
Lincoln Pool	1027 Linn St.	621-6783	deep	West End	1:30pm
Madisonville Pool	5312 Stewart Ave.	271-3301	deep	Madisonville	12:45pm
McKie Center/Pool	1655 Chase Ave.	681-7669	deep	Northside	12:35pm
Millvale Center/Pool	3303 Beekman St.	541-1707	deep	Millvale	11:30am
Mt. Adams	966 Mt. Adams Circle	421-5073	shallow	Mt. Adams	12:00pm
Mt. Auburn Center	270 Southern Ave.	381-6780	indoor	Mt. Auburn	12:15pm
Mt. Washington Pool	1715 Beacon St.	232-5621	deep	Mt. Washington	1:00pm
Oakley Pool	3900 Paxton Rd.	631-4264	deep	Oakley	12:30pm
Otto Armleder Dunham Pool	4356 Dunham Lane	251-0150	shallow	Western Hills	2:00pm
Otto Armleder Hanna Pool	226 Stark St.	721-7521	shallow	Over The Rhine	1:45pm
Otto Armleder Hirsch Center	3630 Reading Rd	751-0601	shallow	Avondale	1:15pm
Otto Armleder Sawyer Pt.	601 East Mehring Way	NA	spray fountain	Downtown	NA
Oyler Sprayground	2125 Staebler St.	NA	sprayground	Lower Price Hill	12:30pm
Pleasant Ridge Pool	5915 Ridge Ave.	531-1707	deep	Pleasant Ridge	12:45pm
Ryan Pool	3324 Meyer Place	661-3128	deep	Westwood	1:15pm
South Fairmount Spraygrd	1685 Queen City Ave.	NA	sprayground	South Fairmount	1:15pm
Winton Hills Center	5170 Winneste Ave.	641-3688	deep	Winton Hills	12:30pm
Ziegler Pool	1311 Sycamore Ave.	621-3650	deep	Over The Rhine	1:45pm

OpenSwim/Family Swim Times

Visit your neighborhood pool or a pool across town during open swim and have fun! Swim, splash and socialize with neighbors and friends. Swimming is the second most common form of exercise. Open swims are for all ages. **Children age 6 and younger must be accompanied and actively supervised by a parent or adult guardian at all times.** Use the 1-meter diving board at deep water pools, jump into the shallow water, swim laps, ride the slides, or just cool off during the CRC pools' open swim times. Several pools offer a lap swimming lane during open swims. Remember, Dyer Sprayground, Otto Armleder Spray Fountain at Sawyer Point, Oyler Sprayground and South Fairmount Sprayground are free.

Hours subject to change.

Pool	Weekday Daytime Open Swim	M-Th Evening Open/Family Swim	Friday Open Swim	Saturday Open Swim
Bond Hill	1:00pm-4:30pm	5:30pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm
Bush	1:00pm-4:30pm	5:30pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm
Camp Washington	1:00pm-4:30pm	5:30pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm
Dempsey	1:00pm-4:30pm	5:30pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm
Dickman	1:00pm-4:30pm	6:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm
Dyer Sprayground	10:00am-8:00pm	10:00am-8:00pm Sun. 10:00am-8:00pm	10:00am-8:00pm	10:00am-8:00pm
Evanston	1:00pm-4:30pm	5:30pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm
Hartwell	1:00pm-4:30pm	5:30pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm
Lincoln	1:00pm-4:30pm	5:30pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm
Madisonville	1:00pm-4:30pm	M,W 5:30pm-7:30pm T,Th (Adult) 5:30pm-7:30pm	1:00pm-5:30pm	
McKie	1:00pm-4:30pm	T-Th 5:30pm-7:30pm (M-Th except M 6/14,6/21,7/26)	1:00pm-5:00pm	1:00pm-5:30pm
Millvale	1:00pm-4:30pm	M,W 5:30pm-6:30pm M,W (Adult) 6:30pm-7:30pm T,Th 5:30pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm
Mt. Adams	2:30pm-7:30pm	2:30pm-7:30pm	2:30pm-5:30pm	Saturday & Sunday 1:00pm-7:00pm
Mt. Auburn	No open swim during summer.			
Mt. Washington	1:00pm-4:30pm	6:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm
Oakley	1:00pm-4:30pm	5:30pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm
Otto Armleder Dunham	12:30pm-8:00pm	5:30pm-8:00pm	12:30pm-8:00pm	12:30pm-8:00pm Sun. 12:30pm-6:30pm
Otto Armleder Hanna	1:00pm-4:30pm	5:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm
Otto Armleder Hirsch	1:00pm-4:30pm	5:30pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm
Otto Armleder Sawyer Pt	10:00am-8:00pm	10:00am-8:00pm	10:00am-8:00pm	10:00am-8:00pm Sun. 10:00am-8:00pm
Oyler Sprayground	10:00am-8:00pm	10:00am-8:00pm	10:00am-8:00pm	10:00am-8:00pm Sun. 10:00am-8:00pm
Pleasant Ridge	1:00pm-4:30pm	5:30pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm
Ryan	1:00pm-4:30pm	5:30pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm
South Fairmount Spraygd	10:00am-8:00pm	10:00am-8:00pm	10:00am-8:00pm	10:00am-8:00pm Sun. 10:00am-8:00pm
Winton Hills	1:00pm-4:30pm	5:30pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm
Ziegler	1:00pm-4:30pm	5:30pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm

Year-Round Pools

CRC is proud of its two (2) indoor, year-round pools, all offering a wide variety of programs to fit your aquatic needs. Increase your energy, combat the winter blues and get into shape for summer – swim inexpensively all year.

Krueck Pool, (CLOSED FOR SUMMER 2010 DUE TO SCHOOL CONSTRUCTION.)

We hope to reopen in 2011. 270 W. McMillan Avenue, attached to Hughes High School in Clifton, offers Water Exercise, Stingrays USA Swimming City-wide Swim Team, Fitness/Lap Swimming, Learn to Swim Lessons and Open Swim. Krueck pool is our main aquatic staff training facility. Cincinnati Recreation aquatic staff teach American Red Cross Lifeguard Training Courses, as well as free evening swim stroke clinics year round to prepare those 14 and older for the Lifeguard Training courses. American Red Cross Water Safety Instructor and Lifeguarding Instructor Courses are offered each year. Krueck Pool is also available for rentals to individuals and groups.

Krueck pool is included in CRC city-wide pool/center memberships for all ages for the year. Program fees vary. Call the CRC Aquatic Division Office #357-POOL(7665) or Krueck Pool #861-2333 for details.

Mt. Auburn Pool, 270 Southern Avenue, located in Mt. Auburn, is a warm water pool, temperature 87 degrees F, perfect for anyone looking for a warmer pool. Mt. Auburn's trained staff offers adapted aquatic swim programs and the pool is handicap accessible. Mt. Auburn is also available for rentals by Occupational Therapists, Physical Therapists and for one-on-one therapeutic water work. During the weekdays, school groups and senior groups have classes. Everyone can take advantage of a comfortable water environment. Arthritis exercise program is perfect for those wanting to loosen up their joints. Learn to Swim lessons are available for adults and children. The warm water environment is a perfect place to orient your little one, age 6 months to 5 years to the water in our American Red Cross Parent and Child Program and Preschool Program. Conquer your fear of water; sign up for individual or group swim lessons in a comfortable warm water environment.

Mt. Auburn Pool is included in CRC city-wide pool/center memberships for all ages for the year. Swim Lessons are \$10/session. Other Aquatic Program fees vary.

See the Adapted Aquatic Programs section for more information. Call the CRC Aquatic Division Office #357-POOL(7665) or Mt. Auburn Pool #381-6780 for details.

Adapted Aquatics Programs

CRC's Aquatic Division strives for inclusiveness through **Adapted Aquatics Programs** that include social interaction for you or someone you know who is rehabilitating from an injury or has a disability. Mt. Auburn year-round warm water pool is the perfect pool for participating in our Adapted Aquatic Swim Programs, preparing for Special Olympics swim meets, or Blaze Sports, paralympics improving flexibility or gaining swimming skills. Mt. Auburn pool is accessible for individuals with disabilities and offers trained staff for a variety of group and individual instruction. Mt. Auburn pool is also available for rentals by Occupational Therapists, Physical Therapists or for one-on-one therapeutic water work.

Mt. Auburn's warm water is also ideal for Learn To Swim lessons. The Cincinnati Recreation Commission offers American Red Cross Levels 1, 2, 3, 4 and 5 swim lessons for ages 6 and older. For infants 6 months to 3 years old, we offer Parent and Child water familiarity classes and for 4 and 5 year olds we offer Preschool Swim Lessons levels 1, 2 and 3. Adult lessons are also available.

Mt. Auburn Warm Water Year-Round Programs Include:

Adapted Aquatic Program	Tuesday	(Fall, Winter, Spring)	4:30pm-6:45pm
	Saturday	(Fall, Winter, Spring)	10:00am-1:00pm
	Tuesday	(Fall, Winter, Spring)	7:30pm-8:30pm
	Thursday	(Fall, Winter, Spring)	7:30pm-8:30pm
TR Sharks Swim Team (at UC)			

Arthritis Movement Program (certified by the Arthritis Foundation)	Tuesday	(year round)	3:00pm-4:00pm
	Thursday	(year round)	2:00pm-3:00pm
	Friday	(year round)	1:00pm-2:00pm

Senior Movement and Exercise Classes (Fall, Winter Spring)		
Tuesday & Thursday		
9:00am-10:00am		

Learn to Swim Lessons - American Red Cross (Fall, Winter, Spring)		
Preschool Levels 1, 2, 3	Monday & Wednesday	5:30pm-6:00pm
Levels 1 & 2	Monday & Wednesday	6:00pm-6:30pm
Levels 3 & 4	Monday & Wednesday	6:30pm-7:00pm
Levels 1 & 2 Adults	Monday & Wednesday	7:00pm-7:45pm
Parent and Child (ages 6 months to 5 years)	Saturday	9:00am-10:00am

Additional swim lessons may be available, call 357-POOL or Mt. Auburn Pool at 381-6780 for details. Swim lessons are offered at outdoor pools during summer, see page 18.

Therapeutic Summer Day Camp Programs

Therapeutic Summer Day Camps swim at Madisonville and Otto Armleder Dunham Pools.

Inclusion

All Cincinnati Recreation Commission aquatic programs are available for participants with disabilities. If an individual requires assistance in order to successfully participate, an accommodation may be requested. Our CRC Therapeutic Division's Inclusion Team will assist individuals with disabilities while participating in aquatic programs. The inclusion staff will:

- Assist in identifying a Cincinnati Recreation Commission aquatic program that fits your needs and interests.
- Assist in the process of registering and, if necessary, requesting an accommodation.
- Assist pool staff and instructors in providing necessary accommodation and other supports for successful participation.

For current fee information about Therapeutic Summer Day Camp Programs and/or inclusion, call Sandy at 352-4028.

Water Exercise

CRC wants to help you improve your fitness level, decrease stress and build strength and muscle tone through fun aquatic fitness programs.

Before starting any workout program, please consult your physician.

Water Exercise is an aerobic water workout, designed to get your heart pumping for a 45-60 minute class. Did you know that every gallon of water you move weighs 8.3lbs?! Stay cool and workout to music. Your first class is free, so come and try it!

Bond Hill	Monday	5:45pm-6:45pm
Evanston	Monday & Wednesday	11:30am-12:30pm
Madisonville	Tuesday & Thursday	6:30pm-7:30pm
Millvale	Monday & Wednesday	6:30pm-7:30pm
Mt. Washington	Tuesday & Thursday	11:00am-12:00pm
Oakley	Tuesday & Thursday	11:00am-12:00pm
Otto Armleder at Dunham	Monday-Friday	6:30pm-7:30pm
Pleasant Ridge	Tuesday & Thursday	9:00am-10:00am

Arthritis Exercise

Mt. Auburn Warm-Water, Indoor Pool June 8 – August 20
270 Southern Ave, Cincinnati, OH 45219

Tuesday	3:15pm-4:00pm
Thursday	2:15pm-3:00pm
Friday	1:15pm-2:00pm

Water Exercise & Arthritis Exercise classes: \$5.00/class

Package of 10 classes \$40.00 (that's only \$4.00/class!)
Package of 20 classes \$72.00 (that's only \$3.60/class!)

Classes require a CRC City-Wide Pool Membership in addition to the class fee.

Water Exercise and/or Arthritis Exercise passes can be purchased at any of the pools above.

Fitness Lap Swim

Fitness Lap Swim is a great chance to get in the pool and get in some distance swimming. A lap lane(s) is available, based on attendance, at most of our deep water pools during evening open/family swim and some locations during open swim times.

Bond Hill Pool	During Open/Family Swim	M-Th	5:30pm-7:30pm
Bush Pool	During Open/Family Swim	M-Th	5:30pm-7:30pm
Dempsey Pool	During Open/Family Swim	M-Th	5:30pm-7:30pm
Hartwell Pool	During Open/Family Swim	M-Th	5:30pm-7:30pm
Lincoln Pool(50 meter)	During Open Swim	M-Th F & Sa	1:00pm-7:30pm 1:00pm-5:30pm
McKie Pool	During Open/Family Swim	T-Th	5:30pm-7:30pm
Mt. Washington Pool	During Open Swim	M-Th F & Sa	1:00pm-7:30pm 1:00pm-5:30pm
Oakley Pool	During Open Swim	M-Th F & Sa	1:00pm-7:30pm 1:00pm-5:30pm
Otto Armleder Dunham	During Open Swim	M-Sa Su	12:30pm-8:00pm 12:30pm-6:30pm
(No lap swim during Swim Team 4:30pm-5:30pm M-Th)			
Pleasant Ridge Pool	During Open/Family Swim	M-Th	5:30pm-7:30pm
Ryan Pool	During Open Swim	M-Th F & Sa	1:00pm-7:30pm 1:00pm-5:30pm

RiverTrek

RiverTrek is a journey of self discovery that brings **teens** together from diverse backgrounds. RiverTrekkers learn camping, canoeing, kayaking, leadership and teamwork skills on this 75-mile trip along the Scenic Little Miami River. For 14 years, CRC has offered this FREE experience to youth as an opportunity for growth.

Monday, July 26th through Friday, July 30th

For more information or how to register call Steve at 681-8247





Discover SCUBA 2010!

Discover SCUBA with SCUBA Unlimited's certified dive staff! Gain self-confidence and experience the thrill of trying Self Contained Underwater Breathing Apparatus under the guidance of a P.A.D.I. certified instructor. Those age 12 and older can come to one of these Discover SCUBA sessions and receive an introduction to SCUBA. Adults, parents and families are encouraged to participate.

Parental permission slips are required and available at scheduled pools. Class size limited to 45. Groups must preregister with Steve at McKie, 681-8247.

Oakley	Tuesday	6/15/10	10:30am-12:30pm
Otto Armleder Dunham	Tuesday	6/22/10	10:00am -12:30pm
McKie	Tuesday	6/29/10	10:30am-12:30pm
Bush	Tuesday	7/06/10	10:30am-12:30pm
Lincoln	Tuesday	7/13/10	10:30am-12:30pm
Bond Hill	Tuesday	7/20/10	10:30am-12:30pm
Dickman	Tuesday	7/27/10	10:30am-12:30pm

When possible in the Fall/Winter/Spring the Cincinnati Recreation Commission and SCUBA Unlimited, Inc. work together to instruct and certify teen divers. In this course, use your math skills to learn dive tables, experience the underwater world of marine life and become a P.A.D.I. certified diver. Join our teen dive club, gain lifetime skills and make new friends!

For more information or to register your group, call 357-POOL (7665) or Steve at McKie Recreation Center 681-8247.

Aquatic Facility Rentals

Pool Rental Fees (3 hour minimum)*

Mt. Adams shallow water pool	\$55 / hour*
Outdoor deep water pool and Ziegler pool	\$110 / hour*
Otto Armleder Dunham shallow pool	\$420 / hour*
Otto Armleder Hanna shallow pool	\$180 / hour*
Otto Armleder Hirsch shallow pool	\$180 / hour*
Evanston shallow pool	\$180 / hour*
Indoor deep water pool	\$55 / hour*

* Additional staff cost are as needed based on group size.

* Indoor pool, long term pool rentals with more than 30 hours per calendar year receive a reduced rate of \$45.00 /hour.

* Rental period to include one half-hour set-up and one half-hour clean-up in rental period.

Birthday/Celebration Party Pool Rentals

Are you looking for a fun facility for your summer family reunion or birthday party? Perhaps you're celebrating a special event like graduation or just want to have a different kind of party in the winter. Rent a CRC pool for your next event.

- Rentals include lifeguard staff, inflatable pool floats and pool foam noodles.
- Groups are permitted to bring food into pool areas during rentals.
- Pool rentals are available outside of normal pool operating hours.
- Pools rentals are not available for profitable events.
- CRC pool facilities are alcohol and drug free.

For further information call #357-POOL (7665) or schedule with the pool manager and pool supervisor at the pool of your choice.

NEIGHBORHOOD SPONSORS HELP EXTEND POOL HOURS TO INCLUDE EVENINGS AND/OR WEEKENDS

For more information and to help call Jincey at 378-5949.

Celebrate the holiday on Sunday, July 4th at these TWO Cincinnati Recreation Commission Swimming Pools!



1. Otto Armleder at Dunham 4356 Dunham Lane 45238	12:30pm - 6:30pm
2. Mt. Adams 966 Mt. Adams Circle 45202	1:00pm - 7:00 pm

Pools will be open during regular hours on Monday, July 5th.

American Red Cross

**GUARD
START™**
LIFEGUARDING TOMORROW
Encouraging Future Lifeguards

**“LEARN
TO
EARN”
PROGRAM**

Youth 11-14 years old

Guard Start Learn to Earn Program

Guard Start Competition

Saturday July 17, 2010

10:00am - 5:00pm at Ryan Pool (3324 Meyer Place 45211)

The American Red Cross **Guard Start** Lifeguarding Tomorrow program gives your child a jump start into Red Cross lifeguarding. This program will help your child, age 11-14, build a foundation of knowledge, attitudes and skills to become a future lifeguard. Your child will receive instruction in prevention, fitness, response, leadership, professionalism and swimming skill development. Your child will have the opportunity to earn incentive items like goggles, T-shirt, and a swimsuit through a structured program designed to encourage timeliness, positive work ethics, and leadership.

This is a great five (5) week program, from June 14 through July 27, at 20 of CRC's pools. To be eligible, a child must be able to swim across the width of the pool. They must also be able to stand, put their face in the water and blow bubbles.

To register, a child can sign up at one of the pools below beginning Wednesday, June 10 at 12:00 noon. Additional registration is available during pool hours after June 9. Parents aren't required at registration, but must complete the registration form by June 24 for their child to remain eligible. Ten to fifteen students per site are selected on a first come, first serve basis.

Monday-Thursday 3 hours between 10:00am and 5:30pm
(most pools include 1/2 hour free lunch)

Bond Hill	11:00am-1:30pm	Millvale	3:00pm-5:30pm
Bush	11:00pm-1:30pm	Mt. Washington	11:00am-1:30pm
Camp Washington	11:00am-1:30pm	Oakley	11:00am-1:30pm
Dempsey	11:00am-1:30pm	Otto Armleder Dunham	10:00am-12:30pm
Dickman	11:00am-1:30pm	Otto Armleder Hanna	11:00am-1:30pm
Evanston	11:00am-1:30pm	Otto Armleder Hirsh	11:00am-1:30pm
Hartwell	11:00am-1:30pm	Pleasant Ridge	10:30am-1:00pm
Lincoln	11:00am-1:30pm	Ryan	11:00am-1:00pm
Madisonville	12:00pm-2:30pm	Winton Hills	11:00am-1:30pm
McKie	11:00am-1:30pm	Ziegler	12:00pm-2:30pm

For more information, contact your pool or Natalie/Lois at 357-POOL (7665).

Kayak Skills Development

The pool is a perfect place to learn the fundamentals of kayaking. It's also a great way for skilled paddlers to mentor a teenage kayaker. This class is for experienced or novice kayakers. Develop or perfect your moves. Learn about paddling safely, basic paddle strokes, wet exits, rolls and rodeo moves in these Monday evening classes. Whether you own a kayak or not, join the group for a lot of fun and some river trips. Class activities are listed.

Teen/Adult Kayak Class \$75.00 with kayak
(CRC City-wide pool/center membership required)

\$105.00 without kayak

Mondays

June 14 to August 9
(No class Monday, July 5)

5:30pm to 9:00pm
9:30pm on River Days

McKie Pool 1655 Chase Ave. in Northside (behind McKie Community Center)

class 1	6/14	McKie Pool Injury prevention for paddlers, Basic paddle strokes, Wet exit, Intro to roll, Intro to flat water rodeo moves
class 2	6/21	McKie Pool Paddle stroke refinement, Core body use, Roll practice, Reading the water
class 3	6/28	Little Miami River, Miami, OH Eddy turns, Ferrying, Squirt moves, Eskimo rescue
** No Class 7/5 **		
class 4	7/12	Little Miami River, Miami, OH Intro to river rodeo moves
class 5	7/19	50 Hole Great Miami River, Cleves, OH Park N' Play, Personal instruction, Slalom gates, Roll practice, Play and river moves
class 6	7/26	McKie Pool Slalom gates, Roll practice, Play and river moves
class 7	8/2	Best Available Water Eddy turns, Ferrying, Squirt moves, Eskimo rescue, Park N' Play, Personal instruction, Advanced play demo's
class 8	8/9	Best Available Water Personal instruction, Fun time, and More

Discover Kayaking
An Introduction to Basic Kayaking for
Beginners -- FREE at McKie Pool
(teens, adults & seniors)

Fridays June 18 to July 30 10:30am to 1:00pm
(no class Friday July 2nd)

Learn about paddling safety, basic paddle strokes, wet exits, rolls and rodeo moves in these fun Friday morning kayak experiences.

For more information contact Steve at McKie Recreation Center 681-8247.

CRC Kids Kayak Camp
for ages 7-11 at East Fork Lake and the Little Miami River

August 9-13, Monday-Friday 9:00am-5:00pm
Focus on leadership, nature, yoga, personal accomplishment, and fun

Cost: \$250 To register contact Don at 681-8247.



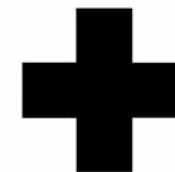
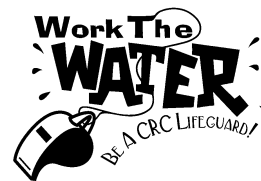
Kroger Family Fun Pool Days

Thanks to the generosity of the Kroger Company, for the tenth year, Cincinnati Recreation Commission is able to host 20 Sunday pool parties with free snacks, soft drinks, music, pool floats and lots of dancing! These three pool parties change neighborhoods every weekend, providing Cincinnati's citizens with Sunday summer fun. Beat the heat, come to one each week, but be sure not to miss out on a great way to meet your neighbors and make new friends in different neighborhoods.

2010 Kroger Family Fun Pool Days Schedule: **Sundays, June 13 - July 25, 2:00pm-6:00pm**

6/13/10	Bush	Millvale	Otto Armleder Dunham
6/20/10	Evanston	Hartwell	Lincoln
6/27/10	Dempsey Oakley	Mckie	Otto Armleder Hirsh
7/11/10	Bond Hill	Pleasant Ridge	Otto Armleder Hanna
7/18/10	Madisonville	Ryan	Camp Washington
7/25/10	Dickman Ziegler	Winton Hills	Mt. Washington

<u>Pool Name</u>	<u>Address</u>	<u>Zip</u>	<u>Pool phone</u>	<u>Neighborhood</u>
Bond Hill	1620 Yarmouth Ave.	45237	242-6897	Bond Hill
Bush	2640 Kemper Ln.	45206	751-5085	Walnut Hills
Camp Washington	1201 Stock St.	45225	681-1241	Camp Washington
Dempsey	956 Purcell Ave.	45205	921-6338	Price Hill
Dickman	6720 Home City Ave.	45233	941-6270	Sayler Park
Evanston	3204 Woodburn Ave.	45207	221-5150	Evanston
Hartwell	8275 Vine St.	45216	821-2153	Hartwell
Lincoln	1027 Linn St.	45203	621-6783	West End
Madisonville	5312 Stewart Ave	45227	271-3301	Madisonville
Mckie	1655 Chase Ave.	45223	681-7669	Northside
Millvale	3303 Beekman St.	45225	541-1707	Millvale
Mt. Washington	1715 Beacon St	45230	232-5621	Mt. Washington
Oakley	3900 Paxton	45209	631-4264	Oakley
Otto Armleder Dunham	4356 Dunham Lane	45238	251-0150	Price Hill
Otto Armleder Hanna	226 Stark St.	45210	721-7521	Over The Rhine
Otto Armleder Hirsch	3360 Reading Rd	45229	751-0601	Avondale
Pleasant Ridge	5915 Ridge Ave.	45213	531-1707	Pleasant Ridge
Ryan	3324 Meyer Place	45211	661-3128	Westwood
Winton Hills	5170 Winneste Ave.	45232	641-3688	Winton Hills
Ziegler	1311 Sycamore Ave.	45210	621-3650	Over The Rhine



**American
Red Cross**

Lifeguard Training Courses (American Red Cross)

Each year the Cincinnati Recreation Commission recruits and trains 204 lifeguards to "Work the Water" at CRC public pools. CRC aquatic staff instructors hold free, swim stroke clinics in the evenings during Fall, Winter and Spring at Krueck Indoor Pool in Clifton. These clinics are designed for anyone age 14 and older who wishes to learn and refine their swimming skills in preparation for Lifeguard Training Courses. They are offered continuously and you can start anytime.

CRC instructs 3 Lifeguard Training Courses annually, February through June. Make a difference in neighborhoods, be a lifeguard! Learn to save lives and earn your certification in American Red Cross Lifeguard Training and First Aid as well as CPR for the Professional Rescuer/AED. Participants must be at least 15 years of age. Adults are welcome. This training is free for those working the entire summer season for the Cincinnati Recreation Commission. The book fee is \$35.00. Lifeguard Training is also available to those not working with CRC for a fee of \$235.00.

Lifeguard Training Course prerequisite skills include, swimming 300 yards continuously using 100 yds. freestyle, 100 yds. breaststroke, and 100 yds freestyle and/or breaststroke. Also, swim 20 yards freestyle or breaststroke, surface dive, retrieve a 10 lb. brick from the pool bottom and swim 20 yards back to your starting position with both hands on the brick and your face above water, climb out of the pool and stand up in 1 minute and 40 seconds or less. Register and screen your skills on the first day of any of the courses listed.

Courses remaining for 2010 include:

Spring

<u>Mt. Auburn/UC</u>	1715 Republic Street 45210	Fri.	5:45pm-8:45pm
4/9/10 to 4/18/10	Fri., Sat. & Sun.	Sat. & Sun.	10:00am-6:00pm

<u>Mt. Auburn/UC</u>	1715 Republic Street 45210	Fri.	5:45pm-8:45pm
4/30/10 to 5/9/10	Fri., Sat. & Sun.	Sat. & Sun.	10:00am-6:00pm

Summer

(Train this summer and if positions are available, you can still work the remainder of the season or next season.)

<u>Ryan Pool</u>	3324 Meyer Place 45211		
6/14/10 to 6/18/10	M,T,W,H,F		8:30am -4:30pm

Swim Teams / Instructional League

Children and teens ages 17 and under will improve their swimming skills, learn competitive swim strokes (freestyle, backstroke, breaststroke, and butterfly), as well as entries and turns by joining one of CRC's 19 offered swim teams.

Swim team participation is free with a CRC City-wide pool/center membership. We ask that all youth are registered with a parent or guardian's permission. Get involved. Come out on Wednesday evenings and cheer on your favorite swimmer!

Did you know over 25% of our lifeguards swam on swim teams?

Summer instructional league swim meets are held each Wednesday June 16 - July 21. Most meets have 3-4 teams attending and are at 6:30pm. Rain-out & make-up meets will be held on Friday evenings. The city finals championship meet is at 11am on Saturday, July 24th at Ryan Pool. Over 500 youth swim in our league. Make waves, join the team of your choice.

For additional information call 357-POOL (7665) or call the pool.

POOL	Phone	Type	Practice Times	Days of Week
Bond Hill	242-6897	deep	4:30pm-5:30pm	M-Th
Bush	751-5085	deep	4:30pm-5:30pm	M-Th
Camp Washington	681-1241	deep	4:30pm-5:30pm	M-Th
Dempsey	921-6338	deep	4:30pm-5:30pm	M-Th
Dickman	941-6270	deep	4:30pm-5:30pm	M-Th
Evanston	221-5150	shallow	4:30pm-5:30pm	M-Th
Hartwell	821-2153	deep	4:30pm-5:30pm	M-Th
Lincoln	621-6783	deep	4:30pm-5:30pm	M-Th
Madisonville	271-3301	deep	4:30pm-5:30pm	M-Th
McKie	681-7669	deep	4:30pm-5:30pm	M-Th
Millvale	541-1707	deep	4:30pm-5:30pm	M-Th
Mt. Washington	232-5621	deep	4:30pm-5:30pm	M-Th
Oakley	631-4264	deep	4:30pm-5:30pm	M-Th
Otto Armleder Dunham	251-0150	shallow	4:30pm-5:30pm	M-Th
Otto Armleder Hirsh	751-0601	shallow	4:30pm-5:30pm	M-Th
Pleasant Ridge	531-1707	deep	4:30pm-5:30pm	M-Th
Ryan	661-3128	deep	4:30pm-5:30pm	M-Th
Winton Hills	641-3688	deep	4:30pm-5:30pm	M-Th
Ziegler	621-3650	deep	4:30pm-5:30pm	M-Th

CRC City Wide Stingrays Team



Year-round USA Swimming swim team instruction and fitness is available quarterly, for youth ages 17 and under, location TBD. Practices are Monday through Thursday from 6:30pm to 8:30pm. Swimmers may attend as many practices as their schedule allows. Swim for one session or both sessions. Session one is offered September-December, session two is offered January-April. Cost \$225/session or \$350/year.

Family discount: \$125/session or \$225/year for each additional child.

USA outreach rates: \$50/session or \$100/year.

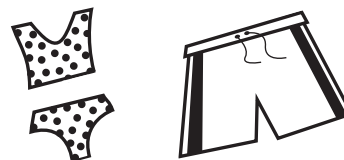
Outreach family discount: \$25/session or \$50/year for each additional child.

For program dates, contact Natalie/Lois at 357-POOL(7665).

Cincinnati Recreation Commission

S.O.S. Suit our Summer Program

With the help of many individuals the Aquatic Division staff annually collects **1,000 new and gently-used swimsuits** for those in need of a swimsuit in order to swim at CRC pools. You can drop off or send swimsuits to:



**Cincinnati Recreation Commission
Aquatic Division**

805 Central Ave. • Suite 800
Cincinnati, OH 45202

Thank You!

Aquatic Division 2010 Dog Days of Summer

Swim and have fun with your dog(s) at select CRC Pools and help raise funds for the pools and SPCA!



\$10 minimum donation for each dog



- Friendly, well-socialized, non-aggressive dogs only
- No pit-bull breeds permitted
- Bags provided



For more information call 357-POOL (7665)

**Sunday, August 1
12:30pm-4:30pm
Mt. Adams Pool**

**Sunday, August 15
6:30pm-8:30pm
Otto Armleder
Dunham Pool**





**American
Red Cross**

Water-Safety Presentation

Parents: Are your children safe around water?

Find out more at the American Red Cross

"Whale's Tales" Water-Safety Presentation

Otto Armleder Dunham, 4356 Dunham Lane 45238

Monday-Friday: 2:30 pm

Neighborhood Pool-Watch Program

The Cincinnati Recreation Commission wants your help.

Save a Life... Help prevent drownings.

Watch your pool. Call 911.

- Alert police if you see swimmers in a pool area after hours.
Your phone call can make a difference and save a life.
- If you see fence cuts after hours at city pools, call the City of Cincinnati Customer Service number at 591-6000 to alert the Cincinnati Recreation Maintenance Staff.
- Watch your children.
Never - not even for a moment - leave small children unsupervised near water.
- Swim when pools are open, with lifeguards on duty.
- Learn to swim, take Cincinnati Recreation Commission American Red Cross swim lessons at one of our 23 pools.

For more information, call CRC Aquatics Division at 357-POOL (7665)

Cincinnati Recreation Commission

Cincinnati Recreation Commission

SWIMMING POOL RULES AND REGULATIONS 2010

The Cincinnati Recreation Commission has the responsibility to provide a clean, pleasant, and safe environment for public swimming. The following rules and regulations have been developed with that responsibility in mind. Situations may occur that require immediate corrective action. Lifeguards are expected to exercise their best judgment in those situations and have full authority to act in order to ensure the safety of all swimmers. To help us, we ask that all pool patrons follow these rules.

The following rules pertain to the swimming pools, bath houses, wading pools, grass areas, entrance ways and pool decks of the Cincinnati Recreation Commission.

Pool memberships (annual or daily user) are required for all patrons entering the facility, including infants and adults who are supervising children.

In situations where the police are called for a patron who is breaking a rule, the patron(s) will be removed from all CRC pools' property for the remainder of the pool season without a refund of fees and pool/center membership revoked without a refund of fees. No exceptions. Managers are to notify the pool supervisor and nearby pools.

HEALTH CODE

- Any person suspected of having an infectious or communicable disease or any person with an obvious infectious wound, head lice (CRC has a no nit policy) or ringworm shall not be permitted to use the pool. However, these persons may be granted entry upon verification of a written statement from a physician that the condition is not infectious.
Reason: Keep the chance of spreading infectious disease to a minimum.
- Please don't swim when you have diarrhea. This is especially important for children in diapers.
Reason: Diarrhea can contain disease.
- Please don't swallow pool water.
Reason: Help educate children and protect yourself against Recreational Water Illnesses.
- Please wash your hands with soap and water after using the toilet or changing diapers.
Reason: Keep yourself and others from getting sick.
- Please take your children on bathroom breaks every 30 to 60 minutes.
Reason: Reduces the chance of fecal contamination and reduces the amount of urine in the pool.
- Please change diapers in the restroom and not at poolside.
Reason: Reduces germs on benches and pool area surfaces.
- Please wash your child thoroughly (especially the rear end) with soap and water before swimming.
Reason: Reduces the amount of fecal matter in the pool.
- No person who is observed passing feces, urine or blood into a pool shall be permitted to use the pool, until the condition is controlled.
Reason: Body fluids may contain infectious pathogens and contaminate the water.
- Patrons are to shower before entering the water.
Reason: To reduce sweat, other body fluids and lotions in pool which affect the water chemistry.

GENERAL FACILITY RULES

- Criminal trespass charges will be filed on individuals refusing to comply when asked to leave the pool area and CRC property.
- Lifeguards are not babysitters. **Children's safety and their behavior are the responsibility of parents.**
Reason: Lifeguards are busy watching their zones of coverage.
- Children 17 and under should be registered for membership by a parent or guardian.
Reason: In case of emergency, information on minor children should be available. Parents should know where their children are.
- Children 6 years and younger must be accompanied and actively supervised with touch supervision at all times in groups of three or less by a parent, legal guardian, or adult age 18 or older. Parents with more than three children under age six should make arrangements to have another adult assist with supervision.
Reason: Highest incidences of drowning occur in this age group. Adult supervision is mandatory.
- Arrangements by established childcare providers can be made in advance to accommodate ratios of one adult to 10 preschool children (age 4 & 5) and one adult to 15 elementary age children.
Child care providers must actively supervise children.
Reason: Must be approved by Pool Supervisor or Pool Manager.
- Horseplay, rough or boisterous play, such as running, pushing, dunking or splashing, is not permitted.
Reason: These are hazardous, a patron could be injured.
- Profanity, improper behavior, intoxication and use of illegal substances, drugs and weapons are not allowed.
Reason: It is unlawful to possess weapons, illegal substances and/or alcohol on CRC property.
- Sexual harassment or harassment of any kind towards staff is not tolerated. If behavior occurs, patron(s) will be asked by the pool manager to discontinue the behavior. If the sexual harassment continues, patron(s) will be asked to leave the facility and grounds.
Reason: This type of behavior will not be tolerated.
- Food, drinks, gum, chewing tobacco, and smoking are not permitted inside the pool facility, except concession or vending machine food purchased on site. Food and drinks must be consumed in the designated food areas.
Reason: Trash can cause problems with insects, ants and bees.
Cigarette butts can burn feet. Gum and candy while swimming can be a choking hazard.
- All swimmers should wear proper swimwear. Underwear is not to be worn under swimsuits. Swimsuits with sewn in floatation are restricted to the wading pool or require one on one constant touch supervision by an adult.
Reason: Improper swim attire. Undergarments contain body fluids and detergent residue.
- T-shirts, cut-off shorts, shorts with zippers, baggy shorts that expose the buttocks, and thongs are not permitted. In case of severe sunburn, children should be out of the sun, not at the pool. Only specific, UV protective snug fitting, rash guard shirts are permitted in the pool.
Reason: The loose fringe from shorts clog filter basket. Shorts with zippers or metal accessories scrape the slides. Soap in clothing affects water chemistry residual. T-shirts worn for over-exposure to sun do not protect adequately and are a potential safety hazard.
- All incontinent swimmers (adults or children) must wear swim diapers / non biodegradable diapers made for swimming.
Reason: To help contain body fluids
- Only adults supervising children are permitted inside pool area wearing street clothes, and must remain back near the fence, not up by the pool.
Reason: Pool area is for those actively participating in pool activities. Patrons are too tempted to push in bystanders.

- Glass objects, including beverages, are not permitted in pool facility (deck, entryway, office, or restrooms).
Reason: Glass can cause injury if broken.
- The City is not responsible for left, lost, or stolen articles.
Reason: Staff cannot take responsibility for watching patron's valuables left on the deck.
- Inappropriate display of affection is not permitted. This includes fondling, french kissing, and intercourse.
Reason: Improper public behavior.
- Patrons are not to visit with lifeguards or climb on guard chairs.
Reason: This distracts from lifeguard's primary responsibility of surveillance.
- Personal space music (i.e., i-pods, MP3 players, headphones) is allowed on deck by patrons only. Each site without a speaker system may have one sound system controlled by staff. Music is not to include profanity, sexually explicit or racially offensive language.
Reason: Some patrons do not like loud music. Guards may not be able to hear someone yell for help.
- Patrons may be in the office with staff personnel for emergencies only.
Reason: Office is for CRC business.
- Phone is for emergency and CRC business use only. No personal calls.
This applies to staff and to patrons.
Reason: Phone must be available at all times for an emergency, incoming as well as outgoing calls.
- Cell phones, video cameras and electronic devices are not permitted in restrooms or locker rooms.
Reason: Restrooms and locker rooms are private areas for changing and showering.

SWIMMING POOLS

- Absolutely no diving into water of five feet or less in depth.
Reason: Head injury or spinal injury could occur.
- No back dives or flips from the sides of the pool.
Reason: Chance of injury is great.
- Ball playing, frisbee and football tossing are not permitted in the pool facility.
Reason: Patrons can be hit by object resulting in injury.
- During open swim, Nerf balls, beach balls and foam logs (noodles), are permitted. During low attendance rubber rafts, tubes and other inflatable items are permitted at the discretion of the manager.
Reason: During crowded conditions, floats can interfere with swimmers, as well as the lifeguard's line of sight. Clear floats are acceptable.
- Kickboards are to be used only in lap areas or during lessons.
Reason: Can cause injury if used improperly.
- Swimmers using lap lanes must move continuously.
Reason: To avoid swimmers running into each other.
- Ladders are to be used only for entering or exiting the pool. Playing on ladders is not permitted.
Reason: High incident of accidents can occur here.

- Hanging on or swimming under safety lines is not permitted. Hanging on lane lines is not permitted.
Reason: Can be a false security for non-swimmers.
- Spouting or spitting of water in pool or on deck is not permitted.
Reason: Not a healthy practice.
- U.S Coast Guard approved life jackets Types I,II, and III may be used by non-swimmers and are restricted to the shallow end. **Absolutely no water wings or personal inflatables allowed in large pool. These items are permissible in the wading pool only.**
Reason: Water wings can deflate or slip off causing a dangerous situation for a non-swimmer.
- Swim GOGGLES are acceptable. Face masks covering eyes and nose, fins, and snorkel are permitted only during organized swim class, discover scuba program or underwater hockey games.
Reason: Masks can fill with water, or slip over mouth and nose causing a potentially dangerous situation. Snorkels can flood, causing choking.
- During rest periods, only those 18 years and older are permitted to swim. Children under 6 years are permitted at this time when one parent or adult accompanies each child. If there are no adults, this could be teen time, or a water game time, or eliminated altogether.
Reason: Allows younger swimmers a chance to rest and use the bathroom.

DIVING AREAS

- To be permitted to go off the board, patron must be able to swim to the side of pool without assistance.
- One person on a diving board at a time (including steps of the ladder). The next person should wait on the deck until the person on the board goes off.
- Diving and jumping are permitted in a forward direction from the end of the board only. Make sure area under board is clear.
- Leave the water by the nearest ladder immediately after dive.
- Free swimming is not permitted in diving area unless the board(s) are closed and the entire area is designated for open swim by the lifeguard with the manager's approval at non crowded times.
During open swim, no diving from the sides of pool.
- One bounce on the board. This refers to a hurdle step and one bounce, not two.
- Hanging on boards is not permitted.
- Inward dives and sit dives are not permitted.
- Children are not permitted to jump off the board to other patrons or staff.
- Swimming under or between boards is not permitted.
Reason: All diving rules and regulations are for the safety of our patrons.

WADING POOLS

- Only children 6 years and younger with parent or adult age 18 and older are permitted. One adult may supervise up to a maximum of three children in the wading pool.
Reason: Children under 6 have a high incident of water related accidents or injury.
- Parents and adults must actively supervise their children while in the wading pool area.
Reason: Lifeguard does not have the ability to adequately watch numerous preschoolers at once. **Lifeguards are not babysitters.**
- Prior arrangements by established child care providers can accommodate ratios of one adult actively supervising up to 10 children. This does not apply to zero depth sites.
Reason: Pool Supervisor or Pool Manager should approve this.
- Dives from deck are not permitted.
Reason: In shallow water, the possibility for injury is too great.
- Running is not permitted in the wading pool water or on the deck.
Reason: Falls and injury can occur on wet surface.
- **Swim diapers are required.** Regular disposable diapers absorb water and disintegrate and are not permitted in CRC pools.
Reason: To help contain body fluids and help keep disease from spreading.
- Climbing on or over wading and shallow pool dividing walls is not permitted.
Reason: Falls are likely and depths of water are different.
- Adults supervising children are not permitted in the wading pool in their street clothes. They may be in the pool area, but not in the water.
Reason: Residual laundry detergents upset the pool water chemistry.

SLIDES

- Slide riders should meet the minimum height posted at the slide.
Reason: So users can stand up in the splash-down area to get to the side of the pool.
- Slide users shall follow directions from the dispatcher.
Reason: Safety, so one person at a time goes down the slide.
- One user per slide on the starting platform at the top of each slide at a time.
Reason: Only one user can ride at a time.
- Always check to see if splash-down area is clear before entering the slide.
Reason: For safety reasons so users do not collide.
- Ride slide feet first, laying down flat at all times.
Reason: Head first entry into the shallow water can cause injuries.
- Stopping, changing positions and forming chains are prohibited.
Reason: For safety reasons, only one user at a time.
- Only one user sliding down the slide at a time.
Reason: For safety reasons, so no one collides.
- Users must exit the landing area, or splash-down area, immediately to the nearest side.
Reason: For safety reasons, to get out of the way of the next user.

Bond Hill Pool

Season Hours 2010

Bond Hill Pool Season Hours 6/7/10 to 7/31/10

2010	Mon	Tues	Wed	Thurs	Fri	Sat
11:00 closed	Guard Start 11:00-1:30 M-H	Guard Start 11:00-1:30	Guard Start 11:00-1:30	Guard Start 11:00-1:30		
11:30		swim lessons 12:00-1:00 T & H		swim lessons 12:00-1:00 T & H		
12:00	open swim	open swim	open swim	open swim	open swim	open swim
12:30	1:00-4:30	1:00-4:30	1:00-4:30	1:00-4:30	1:00-5:30	1:00-5:30
1:00	free lunch program 1:30					
1:30						
2:00						
2:30						
3:00						
3:30						
4:00						
4:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30		
5:00	open/ family swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30		
5:30						
6:00						
6:30						
7:00						
7:30						

Bush Pool

Season Hours 2010

Bush Pool Season Hours 6/7/10 to 7/31/10

2010	Mon	Tues	Wed	Thurs	Fri	Sat
11:00 closed	Guard Start 11:00-1:30 M-H	Guard Start 11:00-1:30	Guard Start 11:00-1:30	Guard Start 11:00-1:30		
11:30						
12:00	swim lessons /DC& Public 12:00-1:00 M & F				swim lessons /DC& Public 12:00-1:00 M & F	
12:30	open swim	open swim	open swim	open swim	open swim	open swim
1:00	1:00-4:30	1:00-4:30	1:00-4:30	1:00-4:30	1:00-5:30	1:00-5:30
1:30	free lunch program 12:45					
2:00						
2:30						
3:00						
3:30						
4:00						
4:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30		
5:00	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30		
5:30						
6:00						
6:30						
7:00						
7:30						

Camp Washington Pool Season Hours 2010

Camp Washington Season Hours 6/7/10 to 7/31/10		2010				
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
11:00 closed	Guard Start 11-1:30 M-H 11:30-12 M & W	Guard Start 11:00-1:30 C-Wash DC swim lessons	Guard Start 11-1:30 11:30-12 M & W	Guard Start 11:00-1:30 public swim lessons 12-12:30 T & H Clifton DC older lessons 12:30-1 T & H	open swim 1:00-4:30	open swim 1:00-5:30
11:30	open swim	open swim	open swim	open swim	open swim	open swim
12:00	Corryville DC swim lessons	public swim lessons 12-12:30 T & H Clifton DC older lessons	Corryville DC swim lessons	public swim lessons 12-12:30 T & H Clifton DC older lessons	open swim 1:00-4:30	open swim 1:00-5:30
12:30	12:00-1:00 M & W	12:30-1 T & H	12:00-1:00 M & W	12:30-1 T & H	open swim 1:00-4:30	open swim 1:00-5:30
1:00	open swim	open swim	open swim	open swim	open swim	open swim
1:30	1:00-4:30	1:00-4:30	1:00-4:30	1:00-4:30	open swim 1:00-5:30	open swim 1:00-5:30
2:00	free lunch program 12:45					
2:30						
3:00						
3:30						
4:00						
4:30	swim team practice	swim team practice	swim team practice	swim team practice	swim team practice	swim team practice
5:00	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30
5:30	open/ family swim	open/ family swim	open/ family swim	open/ family swim	open/ family swim	open/ family swim
6:00	5:30-7:30	5:30-7:30	5:30-7:30	5:30-7:30	open/ family swim	open/ family swim
6:30						
7:00						
7:30						

Dempsey Pool

Season Hours 2010

Dempsey Season Hours 6/7/10 to 7/31/10		2010				
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
11:00 closed	Guard Start 11:00-1:30 M-H 11:30-12 M & W	Guard Start 11:00-1:30 DC/public swim lessons	Guard Start 11:00-1:30	Guard Start 11:00-1:30 DC/public swim lessons	Guard Start 11:00-1:30 DC/public swim lessons	Guard Start 11:00-1:30 DC/public swim lessons
11:30	open swim	open swim	open swim	open swim	open swim	open swim
12:00	1:00-4:30	1:00-4:30	1:00-4:30	1:00-4:30	1:00-4:30	1:00-4:30
12:30	free lunch program 2:00					
1:00						
1:30						
2:00						
2:30						
3:00						
3:30						
4:00						
4:30	swim team practice	swim team practice	swim team practice	swim team practice	swim team practice	swim team practice
5:00	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30
5:30	open/ family swim	open/ family swim	open/ family swim	open/ family swim	open/ family swim	open/ family swim
6:00	lap swim	lap swim	lap swim	lap swim	lap swim	lap swim
6:30	5:30-7:30	5:30-7:30	5:30-7:30	5:30-7:30	5:30-7:30	5:30-7:30
7:00						
7:30						

Dickman Pool

Season Hours 2010

Dickman Pool Season Hours 6/7/10 to 7/31/10	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
11:00 closed							
11:30		Guard Start 11:00-1:30	Guard Start 11:00-1:30	Guard Start 11:00-1:30	Guard Start 11:00-1:30		
12:00		DC swim lessons 11:30-1:00 M & W	DC swim lessons 11:30-1:00 M & W	DC swim lessons 11:30-1:00 M & W	DC swim lessons 11:00-1:30 M-H		
12:30							
1:00		open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-5:30	open swim 1:00-5:30
1:30							
2:00		free lunch program 1:00					
2:30							
3:00							
3:30							
4:00							
4:30		swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30		
5:00		public swim lessons 5:30-6 M & W	public swim lessons 5:30-6 M & W	public swim lessons 5:30-6 M & W	public swim lessons 5:30-6 T & H		
5:30		Open/ Family Swim	Open/ Family Swim	Open/ Family Swim	Open/ Family Swim		
6:00			6:00-7:30	6:00-7:30	6:00-7:30		
6:30							
7:00							
7:30							

Evanston Pool

Season Hours 2010

Evanston Pool Season Hours 6/7/10 to 7/31/10	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
11:00 closed							
11:30		Guard Start 11:00-1:30	Guard Start 11:00-1:30	Guard Start 11:00-1:30	Guard Start 11:00-1:30		
12:00		Water exercise 11:30-12:30 M & W	public swim lessons 12:00-1:00 T & H	Water exercise 11:30-12:30 M & W	public swim lessons 12:00-1:00 T & H		
12:30							
1:00		open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-5:30	open swim 1:00-5:30
1:30							
2:00		free lunch program 1:00					
2:30							
3:00							
3:30							
4:00							
4:30		swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30		
5:00		open/ family swim 5:30-7:30	open/ family swim 5:30-7:30	open/ family swim 5:30-7:30	open/ family swim 5:30-7:30		
5:30							
6:00							
6:30							
7:00							

Hartwell Pool

Season Hours 2010

Hartwell Pool

Season Hours
6/7/10 to 7/31/10

2010

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
11:00 closed	Guard Start 11:00-1:30 M-H	Guard Start 11:00-1:30	Guard Start 11:00-1:30	Guard Start 11:00-1:30		
11:30	public swim lessons 12:00-1:00 M & H	DC swim lessons 12:00-1:00 T & W	DC swim lessons 12:00-1:00 T & W	public swim lessons 12:00-1:00 M & H		
12:00	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-5:30	open swim 1:00-5:30
12:30	free lunch program 12:00					
1:00						
1:30						
2:00						
2:30						
3:00						
3:30						
4:00						
4:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30		
5:00	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	
5:30						
6:00						
6:30						
7:00						
7:30						

Lincoln Pool

Season Hours 2010

Lincoln Pool

Season Hours
6/7/10 to 7/31/10

2010

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
11:00 closed	Guard Start 11:00-1:30 M-H	Guard Start 11:00-1:30	Guard Start 11:00-1:30	Guard Start 11:00-1:30		
11:30	DC & Public swim lessons 12:00-1:00 M & W	DC swim lessons 12:00-1:00 T & H	DC & Public swim lessons 12:00-1:00 M & W	DC swim lessons 12:00-1:00 T & H		
12:00	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-5:30	open swim 1:00-5:30
12:30	free lunch program 1:30					
1:00						
1:30						
2:00						
2:30						
3:00						
3:30						
4:00						
4:30	swim team 4:30-5:30 public swim lessons 5-5:30 M & W	swim team practice 4:30-5:30 public swim lessons 5-5:30 M & W	swim team 4:30-5:30 public swim lessons 5-5:30 M & W	swim team practice 4:30-5:30		
5:00	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	
5:30						
6:00						
6:30						
7:00						
7:30						

Madisonville Pool

Season Hours 2010

Madisonville Pool Season Hours 6/7/10 to 7/31/10						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
10:00 10:30 closed 11:00 11:30 12:00 12:30 1:00 1:30 2:00 2:30 3:00 3:30 4:00 4:30 5:00 5:30 6:00 6:30 7:00 7:30						
		TR Camp 10:30-12:00	TR Camp 10:30-12:00	TR Camp 10:30-12:00	TR Camp 10:30-12:00	
	Guard Start 12-2:30 M-H DC Swim Lessons 12:00-1:00 M & W	Guard Start 12:00-2:30	Guard Start 12-2:30 M-H DC Swim Lessons 12:00-1:00 M & W	Guard Start 12:00-2:30		
	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-5:30	open swim 1:00-5:30
	free lunch program 12:45					
	swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30		
	open/ family swim 5:30-7:30	public swim lessons 5:30-6:30 T & H adult swim 5:30-7:30 water exercise 6:30-7:30	open/ family swim 5:30-7:30	public swim lessons 5:30-6:30 T & H adult swim 5:30-7:30 water exercise 6:30-7:30		

McKie Pool

Season Hours 2010

McKie Pool Season Hours 6/7/10 to 7/31/10						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
10:30 closed 11:00 11:30 12:00 12:30 1:00 1:30 2:00 2:30 3:00 3:30 4:00 4:30 5:00 5:30 6:00 6:30 7:00 7:30 8:00 8:30 9:00						
	Guard Start 11:00-1:30 M-H College Hill DC Swim Lessons 11:30-1:00 M & W	Guard Start 11:00-1:30 McKie DC Swim Lessons 12:00-1:00 T & H	Guard Start 11:00-1:30 M-H College Hill DC Swim Lessons 11:30-1:00 M & W	Guard Start 11:00-1:30 McKie DC Swim Lessons 12:00-1:00 T & H	Discover Kayaking 10:30-1:00	
	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-5:30	open swim 1:00-5:30
	free lunch program 12:35					
	swim team 4:30-5:30	swim team 4:30-5:30	swim team 4:30-5:30	swim team 4:30-5:30		
	open/ family/ lap swim 5:30-7:30	open/ family/ lap swim 5:30-7:30	open/ family/ lap swim 5:30-7:30	open/ family/ lap swim 5:30-7:30		
	Kayak class 6/14, 6/21, 7/26 5:30-9:00					

Millvale Pool

Season Hours 2010

2010						
Season Hours	Sun	Mon	Tues	Wed	Thurs	Fri
11:00	closed	Guard Start 11:00-1:30 M-H June 28-July 15	Guard Start 11:00-1:30	Guard Start 11:00-1:30	Guard Start 11:00-1:30	
11:30		free lunch program 11:30				
12:00		swim lessons 12:30-1:00		swim lessons 12:30-1:00	swim lessons 12:30-1:00	
12:30						
1:00		open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-5:30
1:30						
2:00						
2:30						
3:00		Guard Start 3:00-5:30 June 14- June 24 M-H	Guard Start 3:00-5:30	Guard Start 3:00-5:30	Guard Start 3:00-5:30	
3:30						
4:00						
4:30		swim team practice	swim team practice	swim team practice	swim team practice	
5:00		open/ family swim	4:30-5:30	4:30-5:30	4:30-5:30	
5:30		open/ family swim	open/ family swim	open/ family swim	open/ family swim	
6:00		5:30-6:30	5:30-6:30	5:30-6:30	5:30-7:30	
6:30		Water Exercise/ Adult Swim 6:30-7:30		Water Exercise/ Adult Swim 6:30-7:30		
7:00						
7:30						

Mt. Adams Pool

Season Hours 2010

2010						
Season Hours	Sun	Mon	Tues	Wed	Thurs	Fri
12:00						
12:30						
1:00						
1:30						
2:00	open swim 1:00-7:00					
2:30						
3:00		open swim 2:30-7:30	open swim 2:30-7:30	open swim 2:30-7:30	open swim 2:30-7:30	open swim 2:30-5:30
3:30						
4:00						
4:30						
5:00			swim lessons 5:00-5:30 T & Th			
5:30			swim lessons 5:30-6:00 T & Th			
6:00		swim lessons 6:00-6:30 M & W		swim lessons 6:00-6:30 M & W		
6:30						
7:00						
7:30						
						Parent & Child Lessons 1:00-1:45 open swim 1:00-7:00

Mt. Auburn Pool

Season Hours 2010

Mt. Auburn Pool		2010				
Season Hours		Sun	Mon	Tues	Wed	Thurs
6/8/10 to 8/20/10						
8:00	closed	closed		public swim lessons 8:00-11:00 T & H	closed	public swim lessons 8:00-11:00 T & H
8:30						
9:00						
9:30						
10:00						
10:30						
11:00				50+ swim lessons 11:00-12:00 T & H		50+ swim lessons 11:00-12:00 T & H
11:30						
12:00						
12:30						
1:00						
1:30						
2:00						
2:30						
3:00				Arthritis Exercise 3:15-4:00		Arthritis Exercise 2:15-3:00
3:30						
4:00						

free lunch program at recreation center 12:15

Ongoing Rental
10:30-11:30

Arthritis Exercise
1:15-2:00

Mt. Washington Pool

Season Hours 2010

Mt. Washington Pool		2010				
Season Hours		Sun	Mon	Tues	Wed	Thurs
6/7/10 to 7/31/10						
11:00	closed					
11:30			Guard Start 11:00-1:30 M-H DC swim lessons 11:00-12:00 T & H	Water Exercise 11:00-12:00 T & H	Guard Start 11:00-1:30 M-H DC swim lessons 11:00-12:00 T & H	Water Exercise 11:00-12:00 T & H
12:00			11:30-12:30 M & W public swim lessons 12:30-1:00 M & W	Guard Start 11:00-1:30 M-H public swim lessons 12:30-1:00 T & H	11:30-12:30 M & W public swim lessons 12:30-1:00 M & W	Guard Start 11:00-1:30 M-H public swim lessons 12:30-1:00 T & H
12:30						
1:00			open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30
2:00			free lunch program 1:00			
2:30						
3:00						
3:30						
4:00						
4:30						
5:00			swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30
5:30			public swim lessons 5:30-6:00 M & W	public swim lessons 5:30-6:00 T & H	public swim lessons 5:30-6:00 M & W	public swim lessons 5:30-6:00 T & H
6:00			open/ family swim	open/ family swim	open/ family swim	open/ family swim
6:30			lap swim 6:00-7:30	lap swim 6:00-7:30	lap swim 6:00-7:30	lap swim 6:00-7:30
7:00						
7:30						

Oakley Pool

Season Hours 2010

2010						
Oakley Pool Season Hours 6/7/10 to 7/31/10	Sun	Mon	Tues	Wed	Thurs	Fri
11:00	closed	Guard Start 11:00-1:30 M-H	Guard Start 11-1:30 Water Exercise 11-12 T & H	Guard Start 11:00-1:30 M-H	Guard Start 11-1:30 Water Exercise 11-12 T & H	
11:30			public swim lessons 12:00 -1:00 T & H	DC Swim Lessons 12:00-1:00 W & F	public swim lessons 12:00 -1:00 T & H	DC Swim Lessons 12:00-1:00 W & F
12:00						
12:30						
1:00		open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-4:30	open swim 1:00-5:30
2:00		free lunch program 12:30				
2:30						
3:00						
3:30						
4:00						
4:30		swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30	
5:00		open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	
5:30						
6:00						
6:30						
7:00						
7:30						

Otto Armleder Dunham Pool

Season Hours 2010

2010						
Otto Armleder Aquatic Center at Dunham Season Hours 5/29/10 to 8/14/10	Sun	Mon	Tues	Wed	Thurs	Fri
10:00		Guard Start 10-12:30 M-H	Guard Start 10-12:30 public lessons 10:30-12:00 T & H	Guard Start 10-12:30 DC swim lessons 10:30-12:00 M & W	Guard Start 10-12:30 public lessons 10:30-12:00 T & H	CRC TR Camp 10:30-12:00 T-F
10:30		DC swim lessons 10:30-12:00 M & W				
11:00						
11:30						
12:00		Guard Start 10-12:30	Guard Start 10-12:30	Guard Start 10-12:30	Guard Start 10-12:30	Parent & Child 11:30-12:30 Sa
12:30	open swim 12:30-6:30	open swim 12:30-8:00	open swim 12:30-8:00	open swim 12:30-8:00	open swim 12:30-8:00	open swim 12:30-8:00
1:00						
1:30	fitness/ lap swim	fitness/ lap swim	fitness/ lap swim	fitness/ lap swim	fitness/ lap swim	fitness/ lap swim
2:00	free lunch program 2:00 M-F					
2:30						
3:00						
3:30						
4:00						
4:30		swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30	swim team practice 4:30-5:30	
5:00		public swim lessons 5:30-6:30	public swim lessons 5:30-6:30	public swim lessons 5:30-6:30	public swim lessons 5:30-6:30	Parent & Child 5:30-6:30 F
5:30						
6:00		Water Exercise 6:30-7:30	Water Exercise 6:30-7:30	Water Exercise 6:30-7:30	Water Exercise 6:30-7:30	Water Exercise 6:30-7:30
6:30						
7:00						
7:30						
8:00						

Otto Armleder Hanna Pool

Season Hours 2010

Otto Armleder Memorial Aquatic Complex at Hanna

2010

Season Hours
6/7/10 to 7/31/10

Sat

Fri

Thurs

Wed

Tues

Mon

Sun

6/7/10 to 7/31/10

11:00 closed

11:30

12:00

12:30

1:00

1:30

2:00

2:30

3:00

3:30

4:00

4:30

5:00

5:30

6:00

6:30

7:00

7:30

Guard Start

11:00-1:30 M-H

DC swim lessons

12:00-1:00 M & W

open swim

1:00-7:30

Public & OTR swim lessons

12:30-1 T & H

open swim

1:00-7:30

free lunch program 1:45

water games/ swim activities 4:30-5:00

water games/ swim activities 4:30-5:00

water games/ swim activities 4:30-5:00

water games/ swim activities 4:30-5:00

water games/ swim activities 4:30-5:00

water games/ swim activities 4:30-5:00

water games/ swim activities 4:30-5:00

Guard Start

11:00-1:30

DC Swim Lessons

12:00-1:00 M & W

open swim

1:00-7:30

Public & OTR swim lessons

12:30-1 T & H

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

Guard Start

11:00-1:30

DC swim lessons

12:00-1:00 M & W

open swim

1:00-7:30

Public & OTR swim lessons

12:30-1 T & H

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

Guard Start

11:00-1:30

DC Swim Lessons

12:00-1:00 M & W

open swim

1:00-7:30

Public & OTR swim lessons

12:30-1 T & H

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

Guard Start

11:00-1:30

Public & OTR swim lessons

12:30-1 T & H

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

Guard Start

11:00-1:30

Public & OTR swim lessons

12:30-1 T & H

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

Guard Start

11:00-1:30

Public & OTR swim lessons

12:30-1 T & H

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

Guard Start

11:00-1:30

Public & OTR swim lessons

12:30-1 T & H

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

open swim

1:00-7:30

Otto Armleder Family Aquatic Center at Hirsch

2010

Season Hours
6/7/10 to 7/31/10

Sun

Mon

Tues

Wed

Thurs

Fri

Sat

11:00 closed

11:30

12:00

12:30

1:00

1:30

2:00

2:30

3:00

3:30

4:00

4:30

5:00

5:30

6:00

6:30

7:00

7:30

Guard Start 11-1:30 M-H

DC swim lessons

11-12 M & H

12-1 M & H

open swim

1:00-4:30

free lunch program 1:15

swim team practice

4:30-5:30

open/ family swim

5:30-7:30

swim team practice

4:30-5:30

open/ family swim

5:30-7:30

open/ family swim

5:30-7:30

Guard Start 11-1:30

Public swim lessons

11:30-12:00 T & W

DC swim lessons

12-1 T & F

open swim

1:00-4:30

free lunch program 1:15

swim team practice

4:30-5:30

open/ family swim

5:30-7:30

swim team practice

4:30-5:30

open/ family swim

5:30-7:30

open/ family swim

5:30-7:30

Guard Start 11-1:30

Public swim lessons

11:30-12:00 T & W

DC swim lessons

12-1 T & F

open swim

1:00-4:30

free lunch program 1:15

swim team practice

4:30-5:30

open/ family swim

5:30-7:30

swim team practice

4:30-5:30

open/ family swim

5:30-7:30

open/ family swim

5:30-7:30

Guard Start 11-1:30

Public swim lessons

11:30-12:00 T & W

DC swim lessons

12-1 T & F

open swim

1:00-4:30

free lunch program 1:15

swim team practice

4:30-5:30

open/ family swim

5:30-7:30

swim team practice

4:30-5:30

open/ family swim

5:30-7:30

open/ family swim

5:30-7:30

Guard Start 11-1:30

Public swim lessons

11:30-12:00 T & W

DC swim lessons

12-1 T & F

open swim

1:00-4:30

free lunch program 1:15

swim team practice

4:30-5:30

open/ family swim

5:30-7:30

swim team practice

4:30-5:30

open/ family swim

5:30-7:30

open/ family swim

5:30-7:30

Guard Start 11-1:30

Public swim lessons

11:30-12:00 T & W

DC swim lessons

12-1 T & F

open swim

1:00-4:30

free lunch program 1:15

swim team practice

4:30-5:30

open/ family swim

5:30-7:30

swim team practice

4:30-5:30

open/ family swim

5:30-7:30

open/ family swim

5:30-7:30

Guard Start 11-1:30

Public swim lessons

11:30-12:00 T & W

DC swim lessons

12-1 T & F

open swim

1:00-4:30

free lunch program 1:15

swim team practice

4:30-5:30

open/ family swim

5:30-7:30

swim team practice

4:30-5:30

open/ family swim

5:30-7:30

open/ family swim

5:30-7:30

Guard Start 11-1:30

Public swim lessons

11:30-12:00 T & W

DC swim lessons

12-1 T & F

open swim

1:00-4:30

free lunch program 1:15

swim team practice

Pleasant Ridge Pool

Season Hours 2010

Pleasant Ridge Pool
Season Hours
6/7/10 to 7/31/10

2010

Sun Mon Tues Wed Thurs Fri Sat

9:00

9:30

10:00 closed

10:30

11:00

11:30

12:00

12:30

1:00

1:30

2:00

2:30

3:00

3:30

4:00

4:30

5:00

5:30

6:00

6:30

7:00

7:30

public swim lessons

10:00-11:30 M & H

Guard Start 10:30-1

DC swim lessons

11:30-1:00 M & H

open swim

1:00-4:30

free lunch program 12:45

Water Exercise

9:00-10:00 T & H

public swim lessons

10:00-11:30 T & F

Guard Start 10:30-1

DC swim lessons

11:30-1:00 T & F

open swim

1:00-4:30

Wed

Guard Start

10:30-1:00

M-H

open swim

1:00-4:30

Thurs

Water Exercise

9:00-10:00 T & H

public swim lessons

10:00-11:30 M & H

Guard Start 10:30-1

DC swim lessons

11:30-1:00 M & H

open swim

1:00-4:30

Sat

Fri

public swim lessons

10:00-11:30 T & F

DC swim lessons

11:30-1:00 T & F

open swim

1:00-5:30

open swim

1:00-5:30

Ryan Pool

Season Hours 2010

Ryan Pool
Season Hours
6/7/10 to 7/31/10

2010

Sun Mon Tues Wed Thurs Fri Sat

11:00

11:30 closed

12:00

12:30

1:00

1:30

2:00

2:30

3:00

3:30

4:00

4:30

5:00

5:30

6:00

6:30

7:00

7:30

Guard Start

M-Th.11:00-1:30

DC swim lessons

12:00-1:00 M & Th

open swim

1:00-4:30

free lunch program 1:15

Guard Start

public swim lessons

11:30-1:00 T & W

open swim

1:00-4:30

Guard Start

public swim lessons

11:30-1:00 T & W

open swim

1:00-4:30

Guard Start

public swim lessons

11:30-1:00 T & W

open swim

1:00-4:30

Guard Start

M-Th.11:00-1:30

DC swim lessons

12:00-1:00 M & Th

open swim

1:00-4:30

Guard Start

swim team practice

4:30-5:30

open/ family swim

lap swim

5:30-7:30

swim team practice

4:30-5:30

open/ family swim

lap swim

5:30-7:30

open swim

1:00-5:30

open swim

1:00-5:30

Winton Hills Pool

Season Hours 2010

<i>Winton Hills Pool</i> Season Hours 6/7/10 to 7/31/10		2010				
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
11:00 closed	Guard Start 11:00-1:30 M-H	Guard Start 11:00-1:30	Guard Start 11:00-1:30	Guard Start 11:00-1:30		
11:30	public swim lessons 12:00-12:30 M & W		public swim lessons 12:00-12:30 M & W			
12:00						
12:30						
1:00	open swim	open swim	open swim	open swim	open swim	open swim
1:30	1:00-4:30	1:00-4:30	1:00-4:30	1:00-4:30	1:00-5:30	1:00-5:30
2:00	free lunch program 12:30					
2:30						
3:00						
3:30						
4:00						
4:30	swim team practice	swim team practice	swim team practice	swim team practice		
5:00	public swim lessons 4:30-5:30	public swim lessons 5:00-5:30 T & H	4:30-5:30	public swim lessons 5:00-5:30 T & H		
5:30	open/ family swim	open/ family swim	open/ family swim	open/ family swim		
6:00	5:30-7:30	5:30-7:30	5:30-7:30	5:30-7:30		
6:30						
7:00						
7:30						

Ziegler Pool

Season Hours 2010

<i>Ziegler Pool</i> Season Hours 6/7/10 to 7/31/10		2010				
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
12:00 closed	Guard Start 12-2:30	Guard Start 12-2:30	Guard Start 12-2:30	Guard Start 12-2:30		
12:30	public swim lessons 12:30-1:00 M & W	public swim lessons 12:30-1:00 T & H	public swim lessons 12:30-1:00 M & W	public swim lessons 12:30-1:00 T & H		
1:00	open swim	open swim	open swim	open swim	open swim	open swim
1:30	1:00-4:30	1:00-4:30	1:00-4:30	1:00-4:30	1:00-5:30	1:00-5:30
2:00	free lunch program 1:45					
2:30						
3:00						
3:30						
4:00						
4:30	swim team practice	swim team practice	swim team practice	swim team practice		
5:00	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30		
5:30	open/ family swim	open/ family swim	open/ family swim	open/ family swim		
6:00	5:30-7:30	5:30-7:30	5:30-7:30	5:30-7:30		
6:30						
7:00						
7:30						